Monster storm menaces

Massive flooding and widespread power outages are expected as Hurricane Sandy makes its way up the Atlantic PAGES 10 & 11

GAME ON!

NO, NOT THE NHL. PLUG IN YOUR ATARI, WRECK-IT RALPH RELOADS CLASSIC GAMES PAGE 21

VANCOUVER metro

Monday, October 29, 2012

News worth sharing.

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Vancouver shaken into action

Emergency measures. City residents rush to prep earthquake kits after Haida Gwaii quake

First-aid kits, radios and survival gear flew off Vancouver store shelves the day after a 7.7-magnitude earthquake near Haida Gwaii shook nerves across the province.

Though few reported feeling the earthquake in the city, Vancouverites rushed to outdoors and hardware stores Sunday to stock up on just-in-case provisions.

"As soon as I saw the news coming in on Twitter about Haida Gwaii, I thought, 'I've been meaning to do this for years,'" said downtown resident Paul Nixey. "It's always that thing that slips to the bottom of your list."

Nixey, 29, bought the last first-aid kit at the Home Depot on Terminal Avenue and Cottrell Street. There were three empty shelves where the medical kits used to sit, he said.

At the Mountain Equipment Co-op on Broadway, staff said many customers were buying radios — an item on the province's earthquake-preparedness-kit list — and asking for directions to the first-aid section.

Grace Hiebert, 32, has a half-made earthquake kit at home, but decided to complete it after Saturday's quake.

"It made it more real, that it could happen," she said as she browsed MEC's aisles for water containers, survival blankets, candles and dry food.

Hiebert was once evacuated from a fire and knows how stressful emergency situations can be.

"You're panicking, so you don't know what to take — you're grabbing random things," she said. "I know, for myself, having them all in one place will reduce the panic."

Emergency kits should be able to sustain all family members — including Fido or Fluffy — for 72 hours after the disaster strikes. EMILY JACKSON/METRO

Grace Hiebert, 32, browses MEC's aisles for gear to stock her earthquake-preparedness kit in Vancouver the day after a 7.7-magnitude quake hit the Haida Gwaii region. EMILY JACKSON/METRO

Emergency checklist

What you need in a basic home-emergency kit:

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- Special-needs items, including medications
- Canned food, energy bars and dried food that won't spoil
- Manual can opener
- Flashlight, batteries and a radio
- First-aid kit
- Cash in small bills and change
- Extra keys
- Emergency plan
- Important documents
- Pet food

For more on B.C.'s emergency management program, go to pep.bc.ca.

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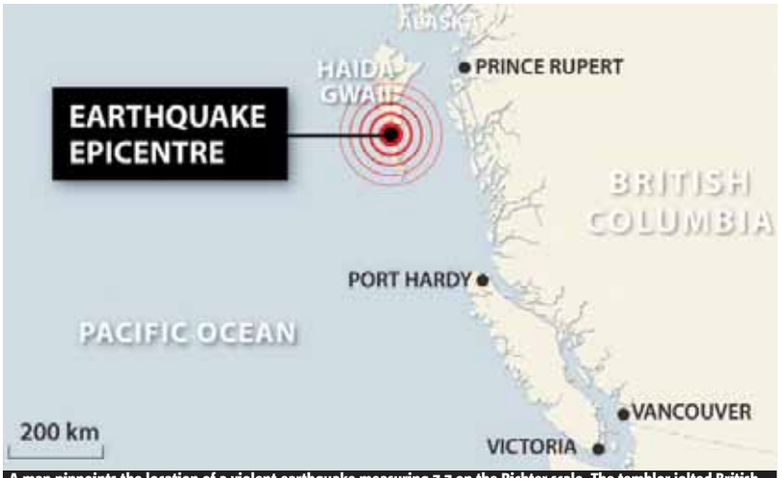
Quake amps up fear factor on village's fright night

The scare of their lives.
Temblor puts kibosh on Halloween dance, chases revellers to hilltop



A map pinpoints the location of a violent earthquake measuring 7.7 on the Richter scale. The temblor jolted British Columbia's north-central coast Saturday night, frightening residents and forcing many to temporarily leave their homes for higher ground ahead of a possible tsunami. SEAN VOKEY/THE CANADIAN PRESS

Residents in Haida Gwaii were ready to do the Monster Mash Saturday night when the ground began to shake, rattle and roll instead, leaving many with a truly spooky Halloween tale to tell.

The village of Queen Charlotte, home to about 1,000 residents, was getting set for its annual Halloween dance when a 7.7-magnitude earthquake struck at 8:04 p.m.

Fifty minutes later, authorities with loudspeakers were driving through the community warning residents, many in Halloween costumes, to move to higher ground.

Not long after, dozens of ghouls, ghosts and other freaks were gathered atop a hill as the eerie drone of tsunami warning sirens echoed in the darkness.

"It was really dark and kind of rainy and a lot of people on foot just kind of walking around, trying to get information," said Shari Howlett, owner of Howler's Pub in the village. "It was surreal, like being in a movie. It was creepy."

Howlett said it was hard to tune in radio stations from the hill, so residents only knew that a giant wave could be headed for their homes.

It was an even more frightening Halloween for her three-year-old granddaughter who, as the family jumped in a car to flee, had trouble distinguishing between the real tsunami warning and all the horror-themed hijinks.

"She said, 'Oh my god, they're going to eat us!'" said Howlett. "(Her mom) said, 'No, that's mummies and zombies.'"

Moments later the car pulled up to a stretch of road filled with people dressed in Halloween costumes, compounding the young girl's worst fears.

"It was hard to explain it to her," said Howlett with a chuckle.

Authorities eventually arrived on the hill to tell residents there was no tsunami and it was safe to return home.

The dance was officially cancelled and firefighters staffing the bar for the event had to leave to go on duty.

Mayor Carol Kulesha said one responder even arrived at the emergency preparedness centre wearing rubber boots and an overcoat to cover up her cocktail dress.

Organizers of the dance said the cancellation left about 400 disappointed and that a make-up bash is not likely to happen.

But despite the grim mood left in the quake's aftermath, Kulesha said the town was in good shape Sunday morning with no visible damage.

JEREMY NUTTALL/FOR METRO

Kinks uncovered in emergency strategy

The third most powerful earthquake in Canada's history exposed a few cracks in B.C.'s emergency-preparedness plans.

Fortunately for residents of the remote Haida Gwaii islands, the 7.7-magnitude quake 30 kilometres off the coast didn't cause a major tsunami or severe damage when it hit Saturday at 8:04 p.m., and tsunami warnings were lifted from B.C. to Hawaii Sunday morning.

Though the emergency response "went quite well," local governments will use the experience to tweak their emergency plans, Carol Kulesha, mayor of the village of Queen Charlotte, said Sunday.

"We need a better emergency operation centre," she said, noting that the generator at the town office wasn't big enough. "We've also ordered a siren — that will help."

And though residents hardly needed the government to announce the earthquake's arrival, an alert about tsunami risks from the province "could be faster," she added.

As dozens of smaller aftershocks rattled the region Sunday, several Twitter users questioned the timeliness of the provincial response to the quake. The @EmergencyInfoBC Twitter account took 51 minutes to alert the public to the quake and issue a tsunami warning, whereas the U.S. Geological Survey issued an online alert 21 minutes after the quake.

Quoted

"We were fortunate that (the quake) did occur in kind of a remote, uninhabited area."
SFU geologist John Clague

Emergency Management B.C.'s main goal in times of crisis is accuracy and advising affected communities, fire authorities and BC Hydro, said Kelli Kryzanowski, the organization's manager of strategic initiatives. It did an "excellent" job, she added.

"Quite often there are technical challenges and technical glitches in these periods when the servers can be overloaded by people looking for information," she said, noting that in the case of a major quake, all power could be down. "When the ground shakes for a minute or longer, that is your warning. You need to pick yourself up and move to higher ground."

The team will debrief in the next few days on how to improve responses, she said.

While the tsunami turned out to be just a threat — the largest waves measured 69 centimetres at Langara Island — the quake acted as a "test of the system," said Simon Fraser University geologist and professor John Clague.

"You typically get one earthquake that size on Earth once every year," Clague said.

"We were fortunate that it did occur in kind of a remote, uninhabited area."

EMILY JACKSON/FOR METRO

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Caught. Accused Delta serial sex offender arrested in Australia

A Delta man who fled the country after being accused of sex assaults against children more than two decades ago has been arrested Friday in Sydney, Australia.

Jamieson Richard Glendinning, 63, faces nine charges of sexual assault, indecent assault and gross indecency, relating to alleged offences against young boys and girls in primary and high school between 1969 and 1990.

"We're working with Crown counsel in starting the process of returning him back to Canada; however, I don't have a timeline of when that's expected," said Delta police Const. Ciaran Feenan.

Three alleged victims came forward in 2009 and Glendinning, whose last known address was in Vancouver, was charged in September 2010. He was facing six charges at the time.

In November 2010, Glendinning was arrested and had three more charges added after two other alleged victims came forward.

Jamieson Richard Glendinning
CONTRIBUTED

The former Tsawwassen youth baseball coach was supposed to appear in Surrey Provincial Court on June 11 but failed to show up.

Police then found out that Glendinning had left the country. A Canada-wide arrest warrant was issued for his arrest.

According to police, Glendinning had contact with children during his involvement with the Tsawwassen Amateur Baseball Association between 1985 and 1995.

PHYLICIA TORREVILLAS/METRO

Environment. B.C. ocean-fertilization experiment to make waves at meeting

Canada may be called onto the carpet this week as nations gather in the United Kingdom to negotiate the terms of an international treaty to regulate the controversial practice of geoengineering.

A First Nations salmon-restoration group in Haida Gwaii has attracted worldwide attention after dumping more than 100 metric tonnes of iron into the Pacific Ocean in a process known as ocean fertilization.

Many scientists from around the world have condemned the unsanctioned experiment, and the federal government says it is investigating.

But Canada is a hotbed of geoengineering, says a watchdog group, and has been involved in similar experiments in the past.

"Some countries would like to see geoengineering more acceptable than it has been, and Canada's in that bunch of countries," said Jim Thomas, spokesman for Montreal-based ETC Group, which opposes the practice.

Canada has pulled out of the Kyoto Protocol, which committed the country to reducing greenhouse-gas emissions, and geoengineering is "potentially very attractive," Thomas said.

Climate change

Geoengineering is the deliberate modification of the environment as a means of combating climate change.

Canada funded and participated in two ocean-fertilization experiments in 1999 and 2002 prior to signing onto a voluntary UN moratorium.

A regulatory regime to address exactly the kind of incident that took place off Haida Gwaii is up for negotiation at the meeting next week for the London Convention and Protocol, which bans dumping toxins at sea.

The delegates will stress that no permission was granted for the experiment, and ocean fertilization is not allowed except for accredited scientific research.

"It has concerns for Canada, concerns for the U.S., concerns for anybody on the Pacific but also, I think, for anybody on an ocean because it is one ocean," Wendy Watson-Wright, assistant director general and executive secretary of the Intergovernmental Oceanographic Commission of UNESCO. THE CANADIAN PRESS

British Columbia Premier Christy Clark, centre, cheers after she addresses fellow Liberals during the B.C. Liberal convention in Whistler on Saturday.
JONATHAN HAYWARD/THE CANADIAN PRESS

Clark rouses Liberal delegates

Plan. Premier lays out her bold vision at the B.C. Liberal Party convention

Quoted

"It's my job to seize the opportunity."
Premier Christy Clark

Premier Christy Clark says she's putting her bold and audacious plan to bring economic greatness to British Columbia up against what she's calling the modest and secretive goals of the Opposition New Democrats in the coming election campaign.

About 1,000 delegates to the B.C. Liberal party convention Saturday gave a rousing cheer for Clark when she told them she intends to seize opportunities that bring jobs and growth to the province.

Clark cited her year-old jobs plan, with its promise of at least three liquefied natural-gas plants and 17 new or upgraded mines, as the blueprint of the province's economic future.

She said B.C. has created 57,000 jobs over the last year, more than any other province in Canada.

"It's my job to seize the opportunity," Clark told the crowd. "That's not modest. It is bold and that is always how B.C. has been built."

The premier's bold declaration is viewed as a dig at NDP Leader Adrian Dix, who often says if his party forms government, British Columbians can expect a modest, stable approach to economic development.

After her speech, Clark told reporters she was trying to issue a challenge of sorts to the NDP to reveal their plans.

NDP House Leader John Horgan, who attended the speech in Whistler, north of Vancouver, said although it rallied party members, the cheers will not resound beyond the convention floor.

Horgan said the NDP will release its election platform closer to the start of the May election campaign.

THE CANADIAN PRESS

A patient gets a flu shot in Calgary in 2009. Canada has asked flu-shot maker Novartis to suspend distribution of its influenza vaccine.
JEFF MCINTOSH/THE CANADIAN PRESS

B.C. flu clinics unlikely to see impact of vaccine suspension

British Columbia's supply of flu vaccine has been reduced by 30 per cent just as the seasonal campaign to get a shot kicks off, but the province's top health officer doesn't expect flu clinics to be affected.

Dr. Perry Kendall is concerned, however, that the public may shy from getting vaccinated now that the province is heeding a Health Canada recommendation to suspend the use of a vaccine made by Novartis.

"I would really hope that it wouldn't (impact uptake), but I am a bit anxious about that, yes," Kendall told reporters during a conference call on Saturday.

"Because although the vaccine — as you would have heard — is less effective potentially than we would have hoped ... it still provides substantial, on average, 60 per cent reduction in the risk of getting influenza."

Kendall was referring to a report from Minnesota-based health researchers released earlier this month suggesting current vaccines offer moderate protection some years and less in others.

THE CANADIAN PRESS

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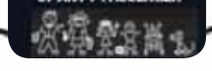

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Grow this man a bone

Science. SFU alumnus aims to have procedure to grow bone tissue ready in next 3 years

A Simon Fraser University grad has developed a new bone-tissue engineering procedure and hopes to commercialize the technology that would benefit patients with bone defects.

Andre Wirthmann, who graduated from SFU's Beedie School of Business this month, developed the procedure after completing a PhD in physics at the University of Hamburg in Germany.

He says the new process provides the best possible bone-augmentation material and can be applied in oral surgery, to fractures that do not heal correctly and to bone defects.

The process requires taking a small sample of tissue from the patient, growing it into a larger piece of bone and transplanting it into the patient.

"The benefit of this is that you use the patient's bone tissue to cure the fracture or the bone defect," Wirthmann said Sunday. "Presently, the only way this would be possible is to take the patient's own bone from a different location in the skeleton and transplant it into the defective area."

The drawbacks of the current bone-replacement techniques, such as implanting a synthetic or bone tissue derived from animals, include potential inflammation, he adds.

Wirthmann set up his own company, IncuBone Laboratories Inc., this spring and is in the process of searching for scientists and engineers to commercialize the technology.

PHYLICIA TORREVILLAS/METRO

SFU grad Andre Wirthmann has developed a new bone-tissue-replacement technique and recently set up his own company to help bring the technology to hospitals. CONTRIBUTED/SIMON FRASER UNIVERSITY

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Crime

Elderly man charged in care-home death

Vancouver police have charged a 79-year-old man in connection with the city's seventh homicide of 2012.

Hans Krahenbuhl has been charged with manslaughter in the death of an 84-year-old woman, who was critically injured at a care home on Oct. 25.

Police say the woman was injured when she was pushed in the East Vancouver facility.

Krahenbuhl is in custody and will appear in court Monday.

He and the woman were residents of the care home.

JEREMY NUTTALL/FOR METRO

Labour

UBC teaching assistants poised for walkout

University of B.C. teaching assistants have served a 72-hour strike notice that may have them taking job action on Monday at the Vancouver campus.

The Canadian Union of Public Employees, representing 2,300 teaching assistants, tutors, markers and English-language instructors, has been in negotiations for more than two years and in mediation since April after the last contract expired in 2010.

Union official Trish Everett said the call for strike action reflects the growing frustration with progress in talks. THE CANADIAN PRESS

Ruling. Grocery store discriminated against depressed worker: Tribunal

A grocery store in Victoria broke human-rights code by firing a depressed employee, says B.C.'s Human Rights Tribunal.

The tribunal ruled Friday that Thrifty Foods discriminated against Sharon Mackenzie when it dismissed her for behaviour including mood swings and irritability with her managers.

"Thrifty's had a duty to inquire into whether the behaviour exhibited by Ms. Mackenzie was due to her mental disability and whether she required any accommodation," tribunal member Catherine McCreary wrote in the ruling.

"They did not fulfil that duty."

Mackenzie began working for the store's floral department in 2001. She was terminated in fall 2009, and filed a complaint with the tribunal in April 2010.

The ruling says the woman suffered depression most of her life, and was treated with medication and cognitive therapy.

The store told the tribunal it dismissed the woman because she was curt and abrupt with co-workers and management, was considered to be gossipy and manipulative, and she refused to take responsibility for such behaviour.

Mackenzie reported being able to manage her life outside the workplace, with most of the stressors occurring at the store.

"It is the employer's responsibility to obtain relevant information about the employee's current medical condition, prognosis for recovery, ability to perform job duties and capabilities for alternate work," McCreary wrote.

The tribunal found that Thrifty's and a store manager, Lisa Trotter, knew Mackenzie suffered from depression and was taking medication as treatment.

THE CANADIAN PRESS

Penalty

$22,600

The tribunal has ordered Thrifty Foods to pay Mackenzie more than $17,600 for lost wages and $5,000 for injury to dignity.

Accident. Vancouver woman struck, killed by limo over the weekend

Vancouver police are investigating the death of a 52-year-old woman who was struck by a limousine Saturday night.

The woman was walking across the intersection of Powell Street and Dunley Avenue shortly after 8:30 p.m. when she was hit by a limousine that was making a left turn. She died at the scene.

VPD spokesperson Sgt. Randy Fincham said that the limousine driver had just dropped off passengers prior to the collision.

The victim's name isn't being released at the request of her family. This is Vancouver's 14th traffic fatality of 2012.

Police say the limousine driver has been co-operative with authorities. No charges have been laid and the collision remains under investigation.

Alcohol and speed are not considered factors.

Anyone who witnessed the collision is asked to call the Vancouver police collision-nvestigation unit at 604-717-3012.

PHYLICIA TORREVILLAS/METRO

Announcement

City strikes tentative deal with union

The City of Vancouver announced Sunday that it has reached a tentative deal with the union representing the city's clerical, technical and administrative employees, CUPE 15. METRO

Research

A better way to charge up

Recharging an electric car could soon become as simple as pulling into the right kind of parking spot with a University of B.C. invention. Researchers at the school have developed a way to wirelessly recharge vehicles in a more convenient way.

THE CANADIAN PRESS

Feds blamed for poor return of sockeye to Fraser River in 2009

A sockeye salmon is reeled in by a fisherman along the shores of the Fraser River near Chilliwack in 2010. The federal government is expected to receive a report on Monday looking into why millions of sockeye salmon vanished from one of B.C.'s most prized fisheries. JONATHAN HAYWARD/THE CANADIAN PRESS

Inquiry. Report on the disappearance of the fish expected to be delivered to the feds on Monday

Some who took part in the inquiry looking into why millions of sockeye salmon vanished from one of British Columbia's most prized fisheries are already anticipating what the report might say, and many believe the news won't be good for the Department of Fisheries and Oceans.

After listening to 160 witnesses, compiling 14,000 pages of transcripts and 2,100 exhibits, B.C. Supreme Court Justice Bruce Cohen must deliver his report to the federal government by Monday, although it remains unclear when, or even if, the document will be made public.

One of the groups that participated in the inquiry was the Watershed Watch Salmon Society, and its executive director Craig Orr said he believes the inquiry has proven major reforms are needed in how fisheries and natural resources are managed by the federal government.

"The evidence was really clear that government is going to have quite a report on its hands, and there's going to be a very high expectation that there's going to be some major changes made," he said.

"The bigger question I think ... is government going to have any meaningful reactions to the report, other than the usual deny-delay-and-distract kind of approach that we seem to get."

THE CANADIAN PRESS

Search for answers

- **Price tag.** The federal government called the Commission of Inquiry into the Decline of Sockeye Salmon in the Fraser River and appointed B.C. Supreme Court Justice Bruce Cohen as commissioner in November 2009. The bill for the inquiry is expected to be at least $26 million.

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Chinese leaders heed protesters' calls

Pollution. It is unclear whether authorities will cancel petrochemical project or continue when pressure is lower

After a weekend of protests by thousands of citizens over pollution fears, a local Chinese government relented Sunday and agreed that a petrochemical factory would not be expanded, only to see the protesters refuse to halt their demonstration.

The standoff in the city of Ningbo has highlighted the deep mistrust of the government in China. Should they continue, the demonstrations would upset an atmosphere of calm that leaders want for a transfer of power in the Communist Party leadership next month.

The protest had swelled over the weekend and led to clashes between citizens and police. The Ningbo government said in a statement Sunday that they and the project's investor had "resolutely" agreed not to go ahead with the expansion. The factory is a subsidiary of Sinopec, one of the biggest petrochemical companies in the world.

Outside the government offices, an official tried to read the statement, but was drowned out by shouts demanding the mayor step down. On the third attempt, the crowd briefly cheered but then turned back to demanding that authorities release protesters being held inside. The city was likely under great pressure to defuse the protest. THE ASSOCIATED PRESS

Mistrust

"There is very little public confidence in the government."
Liu Li, 24, a Ningbo resident

Protesters march in Ningbo city, China, Sunday, protesting the proposed expansion of a petrochemical factory. NG HAN GUAN/THE ASSOCIATED PRESS

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Syria. Ceasefire broken with bombing of rebel areas over Muslim holiday

A Syrian man sits on a hospital trolley suffering partial loss of memory after being shot in the head by a sniper in Aleppo, Syria. NARCISO CONTRERAS/THE ASSOCIATED PRESS

Syria's air force fired missiles and dropped barrel bombs on rebel strongholds while opposition fighters attacked regime positions Sunday, flouting a UN-backed ceasefire that was supposed to quiet fighting over a long holiday weekend but never took hold.

The failure to push through a truce so limited in its ambitions — just four days — has been a sobering reflection of the international community's inability to ease 19 months of bloodshed in Syria. It also suggests that the stalemated civil war will drag on, threatening to draw in Syria's neighbours, such as Turkey, Lebanon and Jordan. "This conflict has now taken a dynamic of its own, which should be worrying to everyone," said Salman Shaikh, director of the Brookings Doha Center think-tank.

The UN tried to broker a halt to fighting over the four-day Eid al-Adha Muslim feast that began on Friday, one of the holiest times of the Islamic calendar. But the truce was violated almost immediately after it was supposed to take effect, the same fate other cease-fires in Syria have met.

Activists said at least 110 people were killed Sunday, a toll similar to previous daily casualty tolls. THE ASSOCIATED PRESS

Nigeria

Suicide bomber targets church

A suicide bomber rammed an SUV loaded with explosives into a Catholic church holding mass on Sunday in Kaduna, northern Nigeria, killing at least seven people and wounding more than 100 others in an attack that sparked reprisal killings in the city, authorities and witnesses said. As rescuers tried to reach the wounded, angry youths armed with machetes and clubs beat to death two Muslims passing by the ruins of St. Rita's Catholic church. An Associated Press reporter saw the men's corpses outside the worship hall. THE ASSOCIATED PRESS

Brazil

Sao Paulo sees 28 deaths in four days

Police in Brazil's largest city say the metropolitan Sao Paulo area is suffering a wave of violence that left 28 dead over four days.

Police told the Estado de Sao Paulo newspaper that five people died and 12 were injured in shootings between Saturday night and Sunday morning. The newspaper reported that this was the fourth night in a row with multiple murders. There were 28 people killed by Sunday morning. Police told the newspaper that most of the victims died in drive-by shootings by men on motorcycles. THE ASSOCIATED PRESS

Taxpayer savings from registry repeal unclear

Long gun. 2008 RCMP report quotes estimated savings that add up to a fraction of registry's operating cost

Range officer Patrick Deegan aims a rifle at a private range in Calgary in September 2010. The Conservative government that championed the end of what it calls the "wasteful and ineffective" long gun registry isn't saying exactly how much the registry's repeal will save taxpayers. JEFF MCINTOSH/THE CANADIAN PRESS

The Conservative government that championed the end of what it calls the "wasteful and ineffective" long-gun registry can't say exactly how much the registry's repeal will save taxpayers.

More than seven months after the registry was officially ended in every province and territory except Quebec, the RCMP is citing a 2008 report — based on a 2004 costing model — to suggest the registry's repeal will save somewhere between $1.5 million and $4 million a year.

The registry of all firearms cost $7.7 million to operate in 2010-11, the last full year for which information is available. So why are the projected savings so small?

Neither the RCMP nor the public safety minister's office will offer an explanation, although the ongoing registration of handguns and restricted weapons must account for some of the difference.

"We have nothing else to say on this issue other than what we have provided you," RCMP spokesman Sgt. Greg Cox responded in an email after almost a week of correspondence with The Canadian Press.

Nor is the RCMP able to provide any cost estimate of destroying the gun-registry data, saying only that it will be absorbed within the national police force's budget.

"The staff who are working on the project to destroy the data are RCMP employees who are also working on other day-to-day tasks," Cox wrote.

Francoise Boivin, NDP justice critic, believes the government's inability to provide precise costing says a great deal about years of gun-registry spin.

"If your accountant was answering that way you would fire him on the spot," Boivin said in an interview.

"They've got all the information. Problem is, they don't divulge it because they're worried it might not prove exactly the point they've been stressing over and over."

THE CANADIAN PRESS

Bylaw. Toronto nixes promotional bull run plan in financial district

Royal Agricultural Winter Fair organizers say they're disappointed after Toronto officials refused to approve a bull run in the financial district to promote the fair's 90th anniversary.

The plan was for six 900-kilogram bulls to run down Bay Street between Wellington and King streets on Tuesday. The event would have served as a precursor to the fair's Nov. 2 opening day at Exhibition Place.

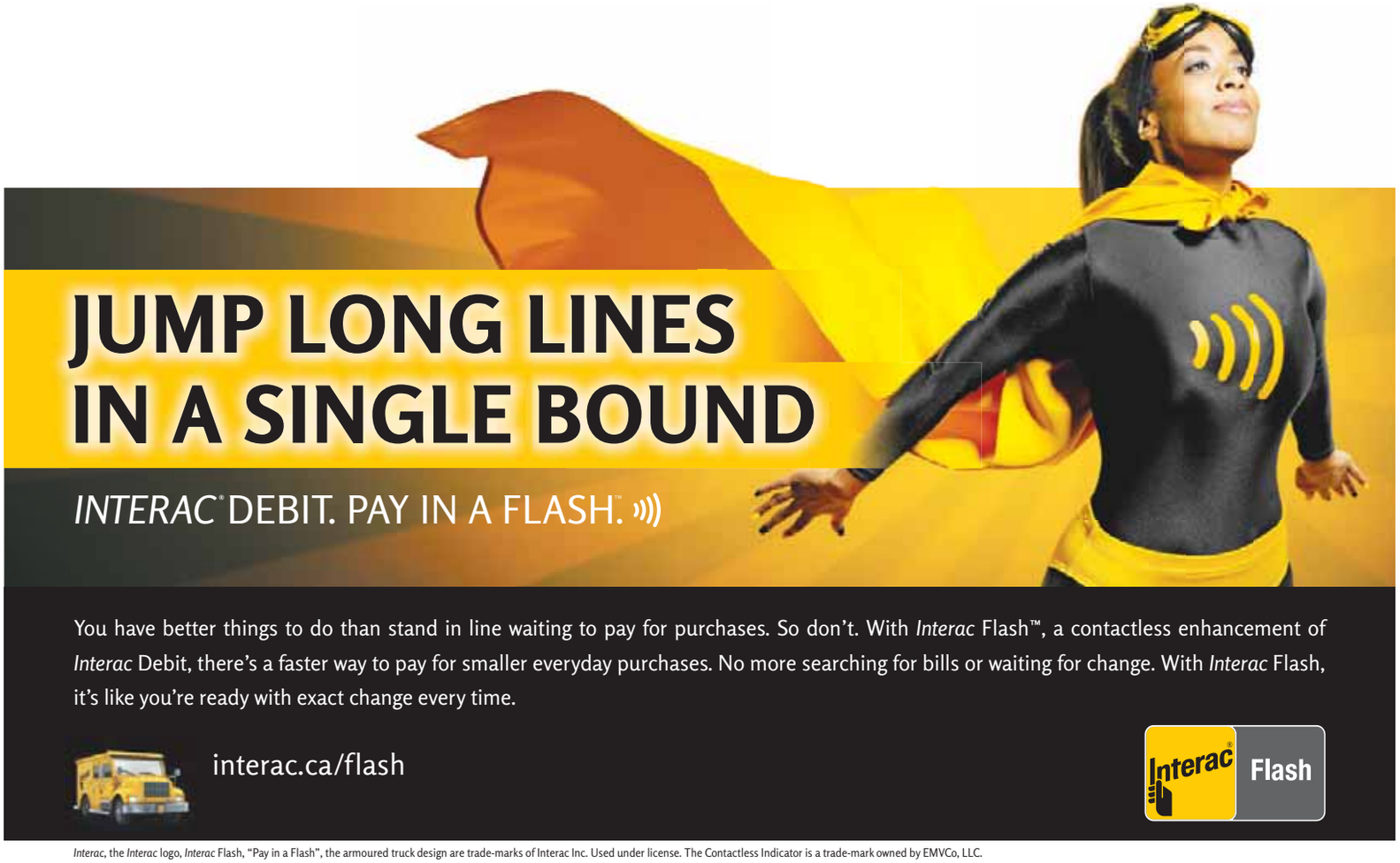
However, organizers were forced to cancel the run after the city denied permit applications.

Elizabeth Glibbery, the city's manager of animal services, says the event violated bylaws.

"Under the bylaw there is a provision for exceptions — under educational and for film production, however the purpose and intent of this event is for promotional purposes and, therefore, does not meet the exception," Glibbery said in an email.

THE CANADIAN PRESS

A man leads one of the bulls that was slated to run up Toronto's Bay Street to mark the opening of this year's Royal Agricultural Winter Fair.
COURTESY THE ROYAL AGRICULTURAL WINTER FAIR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Millions brace for superstorm

Hurricane Sandy. U.S. northeast coastal areas evacuated as hurricane collides with two other weather systems

Big U.S. cities from Washington to Boston braced Sunday for the onslaught of a superstorm that could menace some 50 million people in the most populated corridor of the U.S., with forecasters warning New York could be in particular peril.

"The time for preparing and talking is about over," Federal emergency management administrator Craig Fugate warned as Hurricane Sandy made its way up the Atlantic. "People need to be acting now."

Forecasters warned the storm could wreak havoc over 1,300 kilometres from the East Coast to the Great Lakes. States of emergency were declared from North Carolina to Connecticut. Airlines cancelled more than 5,000 flights, Amtrak began suspending passenger train service across the Northeast, and New York and Philadelphia moved to shut down their subways, buses and trains. They, along with Washing, Boston and Baltimore, also called off school for Monday.

President Barack Obama, who met with federal emergency officials Sunday, said Sandy is a "serious and big storm" that will be slow-moving and might take time to clear up. The government would "respond big and respond fast" after it hits, he said.

As rain began to fall over the Northeast, thousands of people in coastal areas from Maryland to Connecticut were ordered to clear out Sunday. That included 50,000 in Delaware alone and 30,000 in Atlantic City, where the city's 12 casinos were forced by Gov. Chris Christie to shut down. THE ASSOCIATED PRESS

Packing a punch

- **Rain.** Forecasters said the storm could bring nearly a foot of rain, a potentially lethal storm surge and punishing winds extending hundreds of kilometres outward from its centre.
- **Snow.** It could also dump up to two feet of snow in Kentucky, North Carolina and West Virginia.

Members of the Ross family watch the rough surf of the Atlantic ocean in Margate, N.J., Sunday. Hurricane Sandy was blamed for 65 deaths in the Caribbean before it began churning up the Eastern Seaboard. It was expected to hook left toward the mid-Atlantic coast and come ashore late Monday or early Tuesday, most likely in New Jersey, colliding with a wintry storm from the west and cold air streaming down from the Arctic. JOSEPH KACZMAREK/THE ASSOCIATED PRESS

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Winter in Fall. Rain from Sandy could turn into snow over Ontario

As the so-called Frankenstorm arrives on the doorstep of the U.S. eastern seaboard, the Canadian Hurricane Centre said Sunday that Sandy could bring winter weather to parts of Ontario.

Spokesman Bob Robichaud said southern and eastern Ontario and western Quebec could see between 50 and 100 millimetres of rain late Monday and early Tuesday.

The storm is expected to interact with a stalled front over Ontario and could cause heavier rainfall — more than 100 millimetres — in areas adjacent to Lake Ontario and northward to Algonquin Park.

East Coast

Robichaud said the Maritimes could see between 50 to 75 millimetres of rain that will linger until Wednesday — Halloween.

But forecasters warn that rain could change into snow over central Ontario, although it's too early to predict snowfall amounts.

The storm is comparable to the so-called "Perfect Storm" of 1991, which caused $200 million in damage.

THE CANADIAN PRESS

Sandy in the Caribbean

Storm death toll continues to climb

As Americans braced Sunday for Hurricane Sandy, Haiti was still suffering.

Officials raised the storm-related death toll across the Caribbean to 65, with 51 of those coming in Haiti, which was pelted by three days of constant rains that ended only on Friday.

As the rains stopped and rivers began to recede, authorities were getting a fuller idea of how much damage Sandy brought on Haiti. Bridges collapsed, banana crops were ruined, and homes were underwater. Officials said the death toll might still rise.

THE ASSOCIATED PRESS

New Yorkers stock up, but some are skeptical of 'megastorm'

A woman shops for bottled water at a supermarket as Hurricane Sandy approaches in the Rockaway Beach neighbourhood of the Queens borough of New York City. Mayor Michael Bloomberg announced a mandatory evacuation on low-lying coastal areas of the city. ALLISON JOYCE/ GETTY IMAGES

To evacuate or not.

Residents empty grocery store shelves, but one couple doubts Hurricane Sandy's severity

ALISON BOWEN
Metro World News in New York

New Yorkers were scouring local pharmacies and grocery stores for last-minute needs Sunday afternoon, hours before the first drops from Hurricane Sandy were expected to fall.

At a Duane Reade in Lower Manhattan on Broadway, shelves were stripped of flashlights and most candles.

Hannah Sanderson, 29, a student who lives nearby, said she was "frantically" trying to find candles. She was already stocked up on water, flashlights and food, she said.

Last year, she left the city during Hurricane Irene only to be stranded at her parents' house in Maryland, which was much worse off. This year, she was determined to stay in her apartment.

"I'm getting scared a little," she said. But she added, "I'm much less alarmist now. Last year, I was really scared. This time, I'm like, it's just a lot of hubbub."

Kristen Stack, 25, who works in finance, said she decided around noon Sunday to finally stock up.

"I figure, it's better to be safe than sorry," she said, with a basket full of bananas, bread and water.

She lives in a zone where on Sunday Mayor Michael Bloomberg had ordered a mandatory evacuation.

"I haven't decided" whether to leave, she said. She said many friends had texted her with concerns and options for where to spend the night.

Her boyfriend, Brooklyn resident Zechariah Metzler, 27, who works in film, added, "I'm not concerned," but said stocking up was the smart option.

Before the storm

"It's this uncomfortable awkwardness to prepare for the unknown."

New York resident Parisa Garakani, 30

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Alabama voters get another chance to dump segregation

Amending history. Critics say the revised proposal still has flaws and needs to do more

Segregation ended decades ago in Alabama, swept away by the civil-rights marchers who faced down police dogs and fire hoses in the early '60s. But segregation is still mandated by the state's constitution, and voters on Nov. 6 will get only their second chance in years to eliminate an anachronism that still exists on paper.

Election Day in this deep South state could be the day Alabama amends history.

Amendment 4 — the proposal to delete the constitution's archaic language affirming segregation — is tucked amid routine issues of sewers, bonds and city boundaries on a crowded Election Day ballot. It's a striking call to see if Alabama will repeat what it did in 2004, when the state narrowly voted to keep the outdated and racially controversial language, bringing national ridicule upon the state.

In this May 3, 1963, file photo, a 17-year-old civil-rights demonstrator, defying an anti-parade ordinance of Birmingham, Ala., is attacked by a police dog. BILL HUDSON/THE ASSOCIATED PRESS FILE

The second time won't be any easier than the first because Alabama's two largest black political groups are urging a no vote. They say the proposed changes would wipe out some racially charged language, but would retain segregation-era language saying there is no constitutional right to a public education in Alabama. And they've been joined by the state's main teachers' group in refusing to go along.

Amendment 4 would excise outdated language about poll taxes and separate schools that many consider racist. But the critics say the language being proposed as a substitute undermines funding for public education by reaffirming that there is no right to a public education at taxpayers' expense in Alabama.

"It is a wolf in sheep's clothing. It seems so good but is so bad," said black Democratic Sen. Hank Sanders of Selma, a New South founder.

Retired University of Alabama law professor Martha Morgan, an expert on Alabama's constitution, says voting no on Nov. 6 is likely to give the state another black eye. But she said it's better to get a black eye than "to inflict a mortal wound to public education by taking away the right to public education."

THE ASSOCIATED PRESS

Amendment 4

Senator stands by proposal

Supporters of Amendment 4 say retaining the two outdated provisions from an era when African-Americans attended separate schools from whites sends a harmful message. They argue that it could drive off businesses from a state struggling to lower an 8.3 per cent unemployment rate that remains above the national average.

Amendment 4's sponsor, Republican state Sen. Arthur Orr of Decatur, said he knows other states have used the racist language against Alabama when competing for industries.

"It's important symbolically to send a message to our sister states and to the world that Alabama is a different place than it was 50 years ago," he said.

Orr's proposal has drawn support from Republican Gov. Robert Bentley, Alabama's chief recruiter for new industry.

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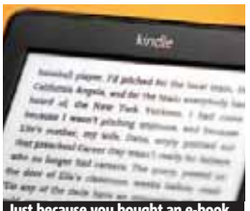

Just because you bought an e-book, doesn't mean you own it. GETTY IMAGES

If all the books on your shelf suddenly disappeared, you'd probably say you'd been robbed.

But when a Norwegian woman lost access to her Kindle books without warning, she learned she had never owned them in the first place.

Linn Jordet Nygaard, 30, an IT consultant from Oslo, said the debacle began two weeks ago when her Kindle stopped working; she later discovered she was locked out of her Kindle account, and could not access her library.

In what appeared to be an administrative error, Nygaard was told her account had been closed for violating Amazon's terms of service, and she was reminded that her ebooks were not her property.

Nygaard's account was restored Monday, and Amazon is shipping her a new Kindle. But the story serves as a reminder that consumers don't actually own their ebooks or other digital media. They are licensing them — and the retailer can yank them back at any time.

"It's a real wake-up call for consumers," said David Fewer, an intellectual-property lawyer and director of the Canadian Internet Policy and Public Interest Clinic.

When you buy a copy of The Great Gatsby from a bookstore, it becomes your property — you can loan it to a friend, sell it in a garage sale, hand it down to your kids.

But Amazon, Kobo Books and Apple iTunes state you cannot share or resell the content, and access can be revoked at any time. **TORSTAR NEWS SERVICE**

Urban sprawl: Baaaaaaaad!

A woman tries to cross the street as shepherds lead their sheep through the centre of Madrid on Sunday. Spanish shepherds led flocks of sheep through the streets of downtown Madrid in defence of ancient grazing, migration and droving rights threatened by urban sprawl and man-made frontiers. The rights to droving routes have existed since before Madrid grew from a rural hamlet into the great capital it is today.

ANDRES KUDACKI/THE ASSOCIATED PRESS

Spacial delivery

Dragon brings back astronauts' urine samples

An unmanned space capsule carrying medical samples from the International Space Station splashed down in the Pacific Ocean Sunday, completing the first official private interstellar shipment under a billion-dollar contract with NASA.

The supply ship brought back nearly 900 kilograms of science experiments and old station equipment. Perhaps the most eagerly-awaited cargo is nearly 500 frozen samples of blood and urine collected by station astronauts over the past year.

The Dragon is the only delivery ship capable of returning items now that NASA's shuttles are retired to museums.

The privately-owned California-based SpaceX company launched the capsule three weeks ago full of groceries and clothes — ice cream as well as fresh apples were especially appreciated by the station residents, now back up to a full crew of six. **THE ASSOCIATED PRESS**

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Myanmar violence forces 22,000 more to flee: UN official

Refugee camps. Latest unrest pushes total displaced to 100,000 since sectarian clashes broke out in June

Victims of Myanmar's latest explosion of Muslim-Buddhist violence fled to already-packed displacement camps along the country's western coast Sunday, with a top UN official saying the unrest has forced more than 22,000 people from their homes.

State television reported the casualty toll has risen to 84 dead and 129 injured over the past week in nine townships in Rakhine state. The figures have not been broken down by ethnic group, but New York-based Human Rights Watch has said Rohingya Muslims bore the brunt of the unrest and the true death toll may be far higher.

On Sunday, wooden boats carrying some refugees arrived outside the state capital, Sittwe. The people trudged to the nearby Thechaung camp, a place already home to thousands of Rohingya who took refuge there after a previous wave of violence in June.

A Muslim refugee cuddles a baby at the Thechaung refugee camp in western Myanmar on Sunday.
KHIN MAUNG WIN/THE ASSOCIATED PRESS

"My house was burned to ashes and I have no money left," said 42-year-old fisherman Maung Myint, who arrived on a boat carrying 40 other people. Another Muslim refugee said she fled her village, Kyaukphyu, on Thursday after attackers set her home on fire.

Human Rights Watch released dramatic satellite imagery of Kyaukphyu on Saturday showing a vast, predominantly Rohingya swath of the village in ashes. The destruction included more than 800 buildings and floating barges.

It was unclear what sparked the latest clashes, but ill will between Muslims and Buddhists in Rakhine state goes back decades. Although many Rohingya have lived in Myanmar for generations, they are still seen as foreign intruders who came from Bangladesh to steal scarce land.

THE ASSOCIATED PRESS

On the edge of violence

Masked Bahraini anti-government protesters carrying gasoline bombs prepare for a march in Malkiya, Bahrain, on Sunday, calling for freedom for political prisoners and honouring those killed in the unrest. Youths armed with gasoline bombs walked ahead and behind the marchers, acting as lookouts for any riot police. Clashes between protesters and police erupted as the march was ending. More than 50 people have been killed in the unrest since February 2011.

HASAN JAMALI/THE ASSOCIATED PRESS

Arms route to Syria?

Iraq forces Iran plane to land

Iraqi authorities forced an Iranian cargo plane heading to Syria to land for inspection in Baghdad to ensure it was not carrying weapons, an Iraqi official said Sunday.

The plane was allowed to continue its flight after the check. The move appeared aimed at easing U.S. concerns that Iraq has become a route for shipments of Iranian military supplies.

THE ASSOCIATED PRESS

United Nations

Palestinians try for recognition

The Palestinian president is moving forward with his plan to seek upgraded observer status at the United Nations next month, officials said Sunday. The decision sets the stage for a new showdown between Israel and the Palestinians at the world body, following last year's failed attempt by the Palestinians to seek status as a full member state.

THE ASSOCIATED PRESS

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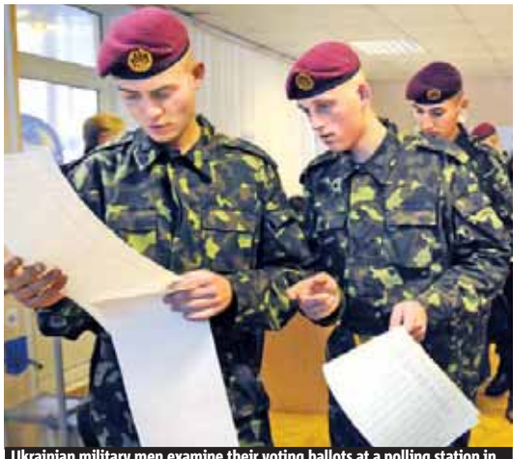
Ukraine president's party claims election victory

Upset. Opposition parties alleged widespread violations on election day, such as vote buying and multiple voting



Ukrainian military men examine their voting ballots at a polling station in Kyiv on Sunday during parliamentary elections.
THE ASSOCIATED PRESS

Ukrainian President Viktor Yanukovych's party claimed victory Sunday in a parliamentary vote tainted by the jailing of the country's top opposition leader.

Despite a strong showing of pro-Western opposition parties in the proportional portion of the vote, Yanukovych's Party of Regions was likely to retain its parliamentary majority as its candidates were expected to take the lead in individual races across the country.

With former Premier Yulia Tymoshenko in jail and widespread fears of election fraud, the West is paying close attention to the vote in the strategic ex-Soviet state, which lies between Russia and the European Union, and serves as a key conduit for transit of Russian energy supplies to many EU countries.

Canada is among the countries which have expressed concerns about democratic fairness in Ukraine and has sent 500 election observers to the country.

An election deemed undemocratic by international observers could freeze Kyiv's ties with the West and push Ukraine toward Moscow.
THE ASSOCIATED PRESS

Brazilians cast votes in mayoral elections

Brazilians are casting their votes in the second round of mayoral elections to decide who will lead 50 big cities. Among them is South America's largest, Sao Paulo.

The Brazilian electoral system requires candidates to win with a majority. Sunday's election resolves races where top finishers fell short of half on Oct. 7.

In Sao Paulo, former mayor and state governor Jose Serra is facing off with Workers' Party candidate and former education minister Fernando Haddad.

Serra won by a sliver in the first round, with 30.7 per cent to Haddad's 29 per cent, but an Ibope poll Wednesday showed Haddad favoured with 49 per cent to Serra's 36 per cent in the second round.
THE ASSOCIATED PRESS

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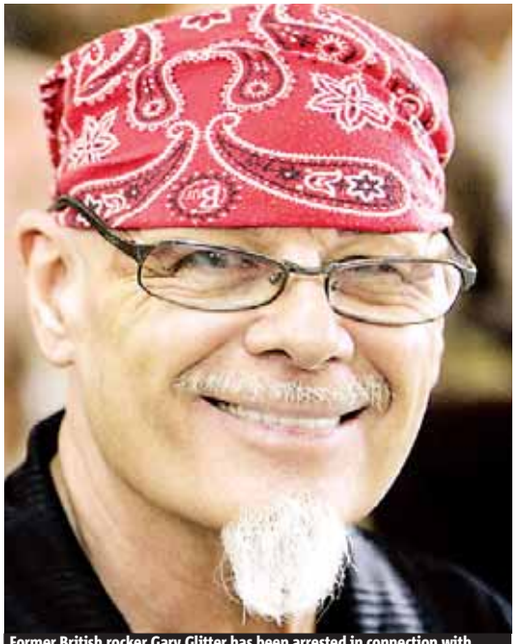
U.K. rocker Gary Glitter arrested in Savile case



Former British rocker Gary Glitter has been arrested in connection with the late BBC children's television host Jimmy Savile's sex abuse case.
RICHARD VOGEL/THE ASSOCIATED PRESS FILE

BBC sexual abuse investigation. Glitter was convicted of 'obscene acts with children' in 2006

Police investigating child sex abuse allegations against the late BBC television host Jimmy Savile arrested former glam rock star and convicted sex offender Gary Glitter on Sunday, British media reported, raising further questions about whether Savile was at the centre of a broader pedophile ring.

Police would not directly identify the suspect arrested Sunday, but media including the BBC reported he was the 68-year-old Glitter.

The musician, whose real name is Paul Gadd, made it big with the crowd-pleasing hit Rock & Roll (Part 2), a mostly instrumental anthem that has been a staple at American sporting events, thanks to its catchy "hey" chorus. But he fell into disgrace after being convicted on child abuse charges in Vietnam.

Sunday's arrest was the first in a widening scandal over Savile's alleged sex crimes, which started garnering attention earlier this month when a television documentary showed several women claiming that Savile abused them when they were teenagers. Hundreds of potential victims have since come forward to report similar claims to police against Savile, a much-loved children's TV presenter and disc jockey who died last year at the age of 84.

THE ASSOCIATED PRESS

BBC ignoring crimes?

- The scandal has raised questions about whether the BBC, the publicly-funded and trusted broadcaster, had ignored crimes it suspected over several decades. Its executives have apologized and vowed to uncover the true scale of the alleged abuse.

Disputed islands. Chinese military leader suggests guerilla warfare

China's government has demanded talks with Japan in their latest dust-up over a set of tiny islands, but a high-ranking Chinese military officer has suggested drastically more belligerent responses.

Dispatch hundreds of fishing boats to fight a maritime guerrilla war, says Maj. Gen. Luo Yuan. Turn the uninhabited outcroppings into a bombing range. Rip up Second World War peace agreements and seize back the territory, now controlled by Japan, but long claimed by China.

Luo's remarks reflect a challenge for China's leadership from a military increasingly willing to push the limits of the ruling Communist Party's official line on foreign relations, territorial claims and even government reforms.

It's a challenge that will need to be carefully managed if a once-a-decade leadership transition beginning Nov. 8 is to go smoothly, with China's global reputation and the party's credibility both at stake.

Backed by what is now the world's second-largest military budget behind the U.S., the People's Liberation Army is bristling with new armaments and is becoming increasingly assertive.

That has distressed neighbours such as Japan, Vietnam and the Philippines, all locked in disputes with China over island territory potentially rich in oil, and has prompted the U.S. to send more military assets to the region.

THE ASSOCIATED PRESS

Military's viewpoint

"A nation without a martial spirit is a nation without hope."
Maj. Gen. Luo Yuan

$30M renovation

Hurricane Sandy cuts short Statue of Liberty opening

The Statue of Liberty has officially reopened to the public after a renovation project. The public will just have wait until a massive storm has passed to see it.

Interior Secretary Ken Salazar and a group of U.S. Military Academy cadets were the first to visit on Sunday. The statue had been closed for a year to undergo a $30-million interior renovation project. Visitors had been restricted to the grounds on Liberty Island during that time.

THE ASSOCIATED PRESS

Rare glimpse

Crowd gathers to see France's presidential palace gardens

Hundreds of Parisians and tourists lined up Sunday to get a rare chance to visit the gardens of France's presidential palace.

Visitors were taking advantage of a new policy inaugurated by President Francois Hollande to open the 18th-century Élysée Palace gardens to the public every last Sunday of the month. In the past, the palace and gardens were only open to the public once a year on France's Heritage Days in September.

THE ASSOCIATED PRESS

ABORIGINAL ESSENTIAL SKILLS:
Call Centre Program

Aboriginal Community Career Employment Services Society (ACCESS) Essential Skills for Aboriginal Futures is offering a 13-week program for Aboriginal people interested in a career in the call centre customer service sector.

The program will equip participants with the work-place skills required to provide professional customer service to the public primarily over the telephone, research accurate answers and solve problems efficiently.

As part of the program, participants will have the opportunity to interview with the City of Vancouver for a Green Team Ambassador position with its 3-1-1 Contact Centre Food Scraps Initiative.

To be eligible for the program, you must:
- be of Aboriginal ancestry and able to work in Canada
- have completed grade 12 or a GED
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This program is scheduled to start Monday, December 3, 2012.

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Museum will put 1,000 years of Jewish-Polish history on display

Preserving a legacy. Museum of the History of Polish Jews is expected to open its doors in 2013

Looking back

Poland has a rich Jewish history.

- **World War II.** On the eve of the war, Poland's Jewish community had 3.3 million people, the most in Europe.
- **Influential.** Israel's early leaders included Polish-born Jews like David Ben-Gurion and Menachem Begin.

The box-like glass building rises in Warsaw's former Jewish district. It will be a remembrance site of mostly upbeat Jewish stories. CZAREK SOKOLOWSKI/THE ASSOCIATED PRESS

The box-like glass building rises from soil marked by tragedy in the heart of Warsaw's former Jewish district. At certain angles, its luminous facade reflects the outlines of a dark memorial to those who fought and died in the 1943 Warsaw Ghetto Uprising against the Nazis.

Yet despite reminders of Jewish suffering all around, the modern building will soon open as a key remembrance site of a mostly upbeat Jewish story, becoming home to the Museum of the History of Polish Jews, a major new museum dedicated to the 1,000 years of Jewish existence in Polish lands.

"It is a museum of life," said Sigmund Rolat, a Polish-born Holocaust survivor and American benefactor who has helped bring the museum to life. "We are showing 1,000 years of a magnificent history."

Construction of the building is nearly finished and the museum is scheduled to open in 2013 after nearly 20 years of planning. It will be a celebratory moment for those who have struggled to build a home for this story, among them Polish-born Holocaust survivors with a deep affection for their land of birth: Men like Rolat, 82, and Tad Taube, 81, a Krakow-born entrepreneur who leads two California-based philanthropies that have given $16 million to the project.

The museum fulfills a dream of Jews from around the world to preserve the rich legacy of their ancestors by creating what will be the first-ever museum of Polish Jewish history. Jewish history was largely ignored in the communist era, and the fact that the museum has risen with the help of the Polish government makes it a monument to a new consciousness and wealth.

THE ASSOCIATED PRESS

PC, tablet buyers are not abuzz over Windows 8: Poll

Radical redesign. New OS is biggest overhaul since 1995

A Microsoft store product advisor in Seattle displays the new Surface tablet computer on Friday, the first day of sales for both the Surface and the Windows 8 operating system.
ELAINE THOMPSON/THE ASSOCIATED PRESS

Microsoft bills Windows 8 as a "reimagining" of the personal computer market's dominant operating system, but the company still has a lot of work to do before the makeover captures the imagination of most consumers, based on the results of a recent poll by The Associated Press and GfK.

The phone survey of nearly 1,200 adults in the U.S. found 52 per cent hadn't even heard of Windows 8 leading up to Friday's release of the redesigned software.

Among the people who knew something about the new operating system, 61 per cent had little or no interest in buying a new laptop or desktop computer running on Windows 8, according to the poll. And only about a third of people who've heard about the new system believe it will be an improvement (35 per cent).

Chris Dionne of Waterbury, Conn., falls into that camp. The 43-year-old engineer had already seen Windows 8 and it didn't persuade him to abandon or upgrade his Hewlett-Packard laptop running on Windows 7, the previous version of the operating system released in 2009.

"I am not real thrilled they are changing things around," Dionne said. "Windows 7 does everything I want it to. Where is the return on my investment to learn a new OS?"

Microsoft usually releases a new version of Windows every two or three years, but it's different this time around. Windows 8 is the most radical redesign of the operating system since 1995.

Microsoft is hoping the way Windows 8 looks and operates will appeal to the growing number of people embracing the convenience of smartphones and tablets.

THE ASSOCIATED PRESS

Embattled Nokia pinning hopes for future on Windows Phone 8

For Nokia, it comes down to this: Is Microsoft's new phone software going to get it back in the smartphone race, or is it going to be too late?

After being the top seller of cellphones in the world for 14 years, Nokia failed to meet the challenge when Apple in 2007 introduced the dazzling iPhone that caught the imagination of design-conscious customers and rattled mobile markets.

The Finnish company hit a downward spiral that has led to shrinking sales and market share, plant closures and thousands of layoffs. On Friday, research firm IDC said that in the July-to-September period, Nokia slid for the first time off the list of the top five smartphone makers in the world. It's still the second-largest maker of phones overall, but sales of non-smartphones are shrinking across the industry, and there's little profit there.

Nokia's CEO, Stephen Elop, sees Microsoft's new Windows Phone 8 software as a chance to reverse that trend, describing it as a catalyst for the new models. Analysts are calling this a make-or-break moment for the company. "Nokia is placing a huge bet on Microsoft and if the gamble doesn't pay off, the losses can be high," said Neil Mawston from Strategy Analytics, near London. THE ASSOCIATED PRESS

Export promotion. Agency must take more risk: Report

A Crown agency that promotes Canadian exports of arms and other products will have to accept much more risk as it moves into new markets abroad, says an internal report.

The Canadian Commercial Corp. is under pressure from Canadian firms to find new customers in the Middle East, South America, Africa and India as its traditional market, the U.S., shrinks.

The corporation, created in 1946, negotiates government-to-government contracts to reduce the risks of non-payment to exporters, who lack the clout of the Canadian state when foreign governments try to skip their bills.

But the agency has itself become "risk-averse," and will have to shed that attitude to better serve firms hungry for a more diverse customer base, says an analysis ordered by Ed Fast, the international trade minister.

"The corporation would have to be less risk-averse if it is to develop business in promising geographical regions, e.g., Middle East and in emerging economies," the report concludes.

THE CANADIAN PRESS

With one exception...

- At the same time, the analysis urges caution in at least one export sector — nuclear energy, including Canada's Candu reactors — where costs can rapidly spiral. Last year, the federal government licensed its Candu design to a subsidiary of SNC-Lavalin.

Beijing. Chinese premier's family denies it controls $2.7B in assets

Lawyers have denied a report that Chinese Premier Wen Jiabao's family has amassed $2.7 billion US in "hidden riches," a Hong Kong newspaper said Sunday.

The New York Times said in a lengthy article Friday that most of the alleged wealth was accumulated by Wen's relatives after he rose to high office in 2002.

Hong Kong's South China Morning Post newspaper published a letter Sunday it said was written by two lawyers for Wen's family, Bai Tao and Wang Weidong, saying that the Times' report was untrue.

It said family members have not conducted any illegal business activities, do not hold shares in any companies, and that Wen has never been involved in his family's business activities or allowed those activities to influence his policies.

Recent foreign media reports about wealth accumulated by Chinese leaders and their families have added to tensions as China prepares next month for a once-a-decade leadership transfer.

In particular, the Times' report is a blow to Wen's reputation as a politician concerned with bettering the lives of ordinary Chinese.

THE ASSOCIATED PRESS

Israel

Ex-bank chair indicted on fraud charges

Israel's Justice Ministry has indicted the former chairman of a major bank on charges including aggravated fraud and money laundering.

The suspicions against Danny Dankner, who served as chairman of Bank Hapoalim between 2007 and 2009, centre on the lender's dealings with Turkey's BankPozitif.

Hapoalim acquired a controlling stake in the Turkish lender in 2005, and Dankner is suspected of personally benefiting from the deal.

THE ASSOCIATED PRESS

Montreal

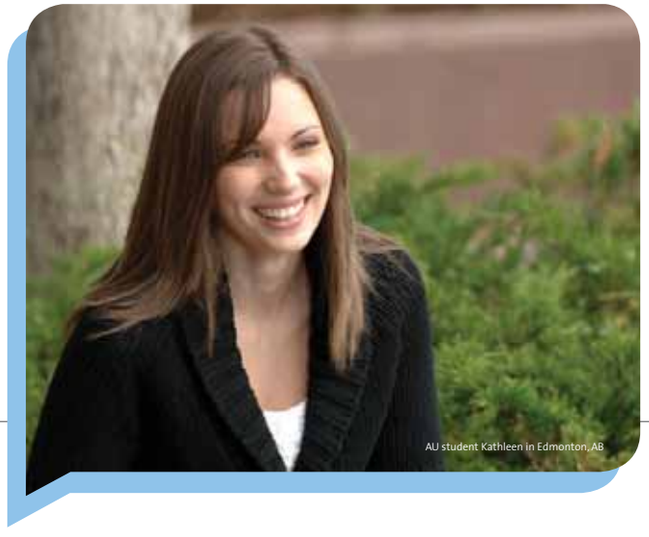
Pfizer to cut 300 jobs across Canada

Pharmaceutical giant Pfizer has announced it's cutting about 300 jobs across Canada, most of them in Montreal.

A spokeswoman for Pfizer Canada said Sunday that the cuts will be spread across several locations but the majority will be at the company's headquarters in the Montreal suburb of Kirkland. In total, about 11 per cent of the company's total Canadian workforce will be eliminated, she said.

Pfizer employs 2,700 people across Canada.

THE CANADIAN PRESS



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CHRISTY CLARK IS THE BLACK KNIGHT

URBAN COMPASS
Paul Sullivan
vancouver@metronews.ca

What is it about Christy Clark that reminds me of the Black Knight?

Fans (and isn't that everyone?) will recall that the Black Knight challenges King Arthur in Monty Python and the Holy Grail. And keeps challenging him even though he loses both arms and both legs, yet keeps on coming.

Despite the serial dismemberment, the knight remains feisty, if immobile, and derides the king for riding off and leaving him in the mud.

"Running away, eh? You yellow bastards! Come back here and take what's coming to you! I'll bite your legs off!"

Out on a limb

No matter how many times she's sliced in half by the latest scandal or poll, she insists on exclaiming in classic Black Knight fashion that t'is but a scratch or a mere flesh wound.

I can't imagine why this reminds me of Christy Clark. Maybe it's because she keeps on fighting, touting the bold initiatives that will somehow persuade people to vote for her and not provide Adrian Dix with a landslide, as predicted by every poll ever taken.

No matter how many times she's sliced in half by the latest scandal or poll, she insists on exclaiming in classic Black Knight fashion that t'is but a scratch or a mere flesh wound.

The closer we get to the May election, the more she predicts voters will be stirred by her "bold" vision, and forget the HST fiasco, the BC Rail fiasco, the Ken Boessenkool fiasco, the desertion-of-a-dozen-high-profile-MLAs fiasco.

This past weekend she was at it again, rallying the troops at the Liberal convention in Whistler, ignoring the fact that if an election were held today Adrian Dix and the NDP would win 67 seats and she and her B.C. Liberals would end up with 12.

You either have to admire this feist in the face of fiasco, or conclude, as an exasperated King Arthur does of the Black Knight, that "you're a loony."

Well, you ask, what do you expect her to do? Lie down and die? Not really, but there's a fundamental flaw in both Clark's and the Black Knight's approach: an abiding failure to acknowledge reality.

For the Black Knight, it's the theatre of the absurd. For Christy Clark, it's potential political oblivion.

Instead of grinning till it hurts and touting all those jobs and mines and liquefied-natural-gas lines, instead of sassing Alberta's Alison Redford and the rest of Canada, how about five minutes of humility? Apologize for the Liberals' various fiascos, promise to do better, and then demonstrate what better looks like: honesty, transparency, humility, responsibility, etc.

It may be a long shot, but it works better than bleeding all over your opponent.

Getting older rocks

Happy Birthday, from Billy Idol

A Seattle man says that having Billy Idol play his 26th birthday party made for the greatest night of his life.

Michael Henrichsen spent two years persuading the British rock icon to play his party, and it finally paid off at the packed Showbox SoDo club on Friday.

First, Idol guitarist Steve Stevens played him Happy Birthday in the middle of a solo. Then Idol called Henrichsen onto the stage for a rendition of the song.

Henrichsen's '80s cover band even got to play the opening act.

Idol said that Henrichsen's effort stood out from other fans' requests because his campaign involved four Billy Idol Aid charity concerts that raised $13,000 for the Northwest Harvest food bank and the American Red Cross.

Idol says that agreeing to play Henrichsen's party in Seattle might help fans see another side of him.

THE ASSOCIATED PRESS

Crash course in body work

SOLENT

Painted pile-up

Optical illusion of wrecked vehicle

Check out the paint job on this "car." Body-painting artist Emma Hack used 17 naked men and women covered in blue, black and silver paint to make a jigsaw puzzle of a mangled vehicle. The pile of expertly placed bodies is part of a campaign for Australia's Motor Accident Commission to curb speeding. MWN

Artist's perspective

"Technically, it's probably the most difficult job I have ever done. It's quite magical how it's turned out."

Body-painting artist Emma Hack.
Hack, from Adelaide, Australia, spent 18 hours creating the car. She famously painted singers Gotye and Kimbra for the video of the hit song Somebody That I Used To Know.

Sketchy business

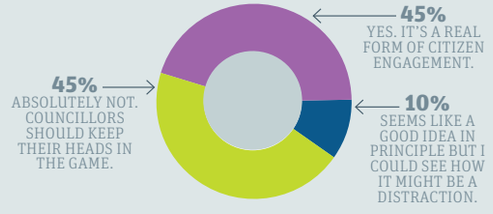
How she started ... a photo and pencil

Hack began with a photo of a crashed car and planned her project by sketching over it — to determine the number of people needed and the position of their contorted bodies. She said: "Some were really obvious, such as the tires, face as side mirror and the front bumper as the arm. Then I started piling up the bodies to create shape." MWN

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Should councillors be allowed to use social media during debates?


45%
YES. IT'S A REAL FORM OF CITIZEN ENGAGEMENT.
45%
ABSOLUTELY NOT. COUNCILLORS SHOULD KEEP THEIR HEADS IN THE GAME.
10%
SEEMS LIKE A GOOD IDEA IN PRINCIPLE BUT I COULD SEE HOW IT MIGHT BE A DISTRACTION.

Twitter

@DaGaggers:
Woke up to a 7.7 earthquake. To bad I was too tired to care. Sleep > mother nature

@WFLBC:
So #PrayForVancouver is a thing? You guys know the earthquake was pretty far away from here right? #PrayForAMap

@Brewski11:
A friend of mine was telling me that #prayforvancouver was trending this morning ummm as nice as that is the earthquake was NO where near us

@JenniJennR:
What is all this #PrayForVancouver ? The #earthquake was waaaaay up north in the Haida Gwaii. No where near Van. #getamap

@brucenussbaum:
I was at a Haida wedding on Masset when the7.7 earthquake hit. People were great. We drove to high ground to await the tsunami. Never hit.

metro

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Disney's Wreck-It Ralph revels in retro gaming culture, assembling a host of familiar old-school characters from Bowser to Q-bert. It just may provide gamers with their Toy Story moment. While direct adaptations of button-mashing bestsellers often end up as bargain bin rejects, when the focus broadens to the gaming scene itself, plenty of candidates for extended play begin to emerge.

MIKE DOJC
scene@metronews.ca

Gamer culture levels up

WarGames (1983)

Matthew Broderick is a teenage hacker who inadvertently breaks into what he imagines is a video game server but turns out to be a military supercomputer. When he begins to "play" Global Thermonuclear War, the lives of billions hang in the balance.

Tron (1982)

A sentient computer program shoots a laser at Jeff Bridges and sucks him inside its mainframe into a digitized world where programs are people who wear glow-in-the-dark hockey helmets and everybody gets a mini Captain America Frisbee shield. This virtual world, which presaged the Internet and the personal computing boom, was a visual tour de force.

The Wizard (1989)

Fred Savage and his video game savant brother hitch and hustle their way across America en route to a video game championship in L.A. with future indie rock queen Jenny Lewis (Rilo Kiley) in tow. While E.T. wrote the book on product placement, with the stranded alien developing a craving for Reese's Pieces, The Wizard took merch integration to a whole new level, promoting a flurry of Nintendo titles and the Universal Studios tour while seamlessly spinning a rollicking tween-age fantasy.

Grandma's Boy (2006)

While critics were foaming at the mouth to dump on this sophomoric R-rated romp about a 35-year-old video game tester who moves in with his granny (Doris Roberts), the Golden Girls meet American Pie gross-out comedy holds up quite well on the gags per minute metre compared with Happy Madison Production's most high grossing fare. High Times magazine even feted this budding cult classic with a trio of awards, including the coveted Best Stoner Movie.

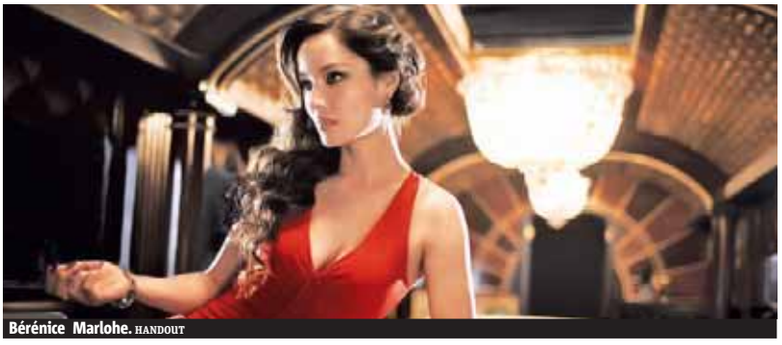
Scott Pilgrim vs. the World (2010)

Sheepish yet irrepressibly endearing in a neo-nebbish hipster kind of way, Michael Cera (basically playing himself) sets out to defeat his fuchsia-haired girlfriend's seven evil exes who might as well be video game bosses. By injecting a litany of gaming tropes into an indie rock love story, this comic-book adaptation is not only an epic nerdgasm, but it just might spawn a new sub-genre.

Bonjour to another Bond belle

Bérénice Marlohe. Stunning French star talks about kissing 007, her semi-naked scenes and relating to her predecessors

ROMINA MCGUINNESS
Metro World News


Bérénice Marlohe. HANDOUT

Bérénice who? You're forgiven if you don't recognize the name of the latest Bond girl — the French actress, 33, is known, if at all, for a few TV roles in France. She didn't break out until moving to Los Angeles, where she was cast as the latest baddie in Skyfall. Our health and lifestyle reporter — also from France — got her on the phone for a little girl talk.

Could you fall for a man like Bond?
Definitely. The James Bond played by Daniel Craig is extremely complex. He's funny, sensitive, strong and courageous. Personally, the combination of his virility, vulnerability and sense of humour are all magic ingredients. I could fall in love with a Bond like that. He's also got a really pretty little swimsuit.

When you got the part of Sévérine, did you think, 'Wow, I'm a Bond Girl, I must be super hot?'
Not at all, I find that kind of reaction really stupid. I'm amazed at how people think they can judge me as an actress based on the pictures they have seen of me. It's very disturbing when people assume becoming a Bond girl is a beauty contest. It really isn't. I'm an actress. I auditioned for the part. The Bond girl is a concept. So when people ask me how it feels to be one, I have trouble taking it all in. Maybe the fact I got to interpret such a mythical role will hit me in a few years' time.

Let's look at what former Bond Girls have had to say. Eva Green—of Casino Royale—told one newspaper that she fought to keep her clothes on in the shower scene, saying, "They wanted me to strip down to my panties. We had a good fight about that." You, on the other hand, seem to have no problem getting naked.
Well you can't see very much!

So you didn't say: "I don't want to be naked in the shower."
I'm not very comfortable with nudity, so initially, I wasn't exactly thrilled. ... I asked my agent — 'What do we do with this? How naked do I need to be?' A Bond Girl is a combination of power, a masculinity, femininity and animality. I probably could have been like, 'Do I really need to get naked?' but I don't think anyone cared. It was more about the substance of the performance."

Did Daniel Craig have to get naked?
No, he had special privileges you see. He got to wear a little swimsuit—not the blue one from Casino Royale. Neither of us were completely naked."

Is James Bond a good kisser?
Yes! Not only is he a good kisser, he's also handsome and strong.

Bond Girl Barbara Bach from The Spy Who Loved Me called Bond "a chauvinist pig who uses girls to shield him against bullets." Is that true?
I'm the one who had to protect our darling Bond in Skyfall. He used to be a bit of a player, but he's become more subtle when seducing women, less of a flirt. His character would be a little bit grotesque had he never evolved.

Former Bond girl Jill St. John from Diamonds Are Forever said: "It's not easy being a Bond woman. You have to stay in shape when you're in a bikini all those months." Can you relate to that?
Nobody pressured me to be a certain weight. But the thing is, I have a huge appetite. I'm not one of those women who are like, 'I eat loads!' when in fact, they eat nothing but salad. Eating is one of my greatest passions in life. So yes, I had to force myself to go out for a run every once in a while.

Her favourites

Bérénice on...

Adele's Skyfall theme:
"The song is beautiful and nostalgic. It stays true Bond: it's dark and dangerous yet feminine and glamorous."

Daniel Craig:
"Daniel has revolutionized Bond by imposing a more humane and complex version of the character."

Her favourite Bond:
"I loved A View to a Kill with Christopher Walken and Grace Jones. They're my favourite Bond villains. But my favorite Bond of all time is Sean Connery. His Bond is legendary."

Living in L.A.:
"I miss Parisian patisseries, although they have great cake in L.A."

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Skyfall introduces a new breed of Bond girl

Naomie Harris as the beautiful yet tough MI6 agent/Bond girl
HANDOUT

Naomie Harris. Fills famous role, but as a tough MI6 agent

NED EHRBAR
Metro World News in Hollywood

In Skyfall, British actress Naomie Harris — best known for 28 Days Later and Pirates of the Caribbean — delivers a new kind of Bond Girl, a highly trained MI6 field agent who can hold her own alongside James Bond. She takes a risky rifle shot at Bond (Daniel Craig) as he tussles with a baddie atop a train, and gives 007 a rather intimate shave. So naturally we wanted a few more details.

That shaving scene ends a bit ambiguously. Do Eve and James...?
Consummate? No, no, no. It was purposely that they have a phone call and it interrupts. So nothing happened.

As the opening sequence shows, Eve is a pretty tough field agent. But then she decides to take herself off of active duty.
I wanted to get across that she's someone who's in the midst of all the danger, in the midst of it all and actually loving it, not afraid, just loving it. You know, exhilarated and loving it. So this decision to no longer be in the field is hugely momentous for her. So I had to do a lot of soul-searching to find out what does that mean to Eve, how does she feel about it?

You've said that after getting this role, you had to keep quiet about it for two months before the official announcement. That can't be fun.
It's really difficult. I was so happy, and I wanted to tell everybody. And to be honest as well, it made it difficult because I also started to doubt it. You can't tell anyone, and you start to think, "Have I really got it? Did that really happen? Or was it a dream?" It started to feel like that. It was only when I started to have all of the training stuff, then I was like, "Well, they're investing a lot of money in training me and taking me to gun ranges, so it must be real."

Did you grapple at all with the legacy of Bond Girls before taking this role?
I felt really fine with it, actually. I think normally because the actresses who are cast are just being introduced to the world, and so they haven't got a body of work beforehand, I think it can be scary because it can be easy to become typecast. But because I've done such completely different stuff, I didn't feel like that was a problem.

How they measure up

So how do the newest Bond Girls compare to the Bond legacy?

Sex appeal
The half-French, half-Cambodian Marlohe certainly delivers, as director Sam Mendes puts it: "If I could have invented a Bond Girl, it would be Bérénice." And Harris kicks ass.

Friend or foe?
Bond Girls can be allies of Bond or the villain he's up against — and sometimes even both in one character. In Skyfall — well, no spoilers.

Femme fatality
A dose of danger goes a long way. Marlohe slinks across the screen sizing up her prey — Bond, in the case — with animal intensity. And watch for Harris with a rifle.

Entendre. Double entendre.
The names: Holly Goodhead, Pussy Galore and Xenia Onatopp come to mind. But in the Daniel Craig years, that practice is over.

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Fewer musicians rocking the vote this year

Election. Singers raising awareness about the issues rather than the candidate who supports them

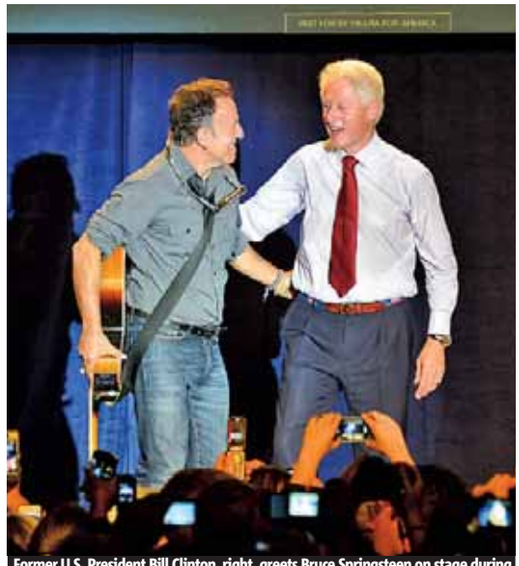
PAT HEALY
Metro World News in Boston

Many Americans are asking themselves if they are better off than they were four years ago. Is it still easy for them to attend politically inspired music events as they did during Barack Obama's initial bid for the presidency?

During the past two election cycles, rockers and rappers were stumping hard for their favourite candidates. But in 2012, only a handful seem to be rocking the vote.

A few days before he began playing special sets in the swing states of Ohio, Iowa and Virginia, Bruce Springsteen let his views on the upcoming election be known. Though his left-leaning opinions came as a surprise to very few, his words contained one interesting nugget as to why there aren't as many people joining in a chorus to get the youth to the polls.

"This presidential election is different than the last one because President Obama has a four-year record to run on," wrote Springsteen on his website. "Last time around, he carried with him a tremendous amount of hope and expectations. Unfortunately, due to the economic chaos the previous administration left him with, and the extraordinary intensity of the opposition, it turned into a really rough ride. But through grit, determination and focus, the president has been able to do a great many things that many of us deeply support."

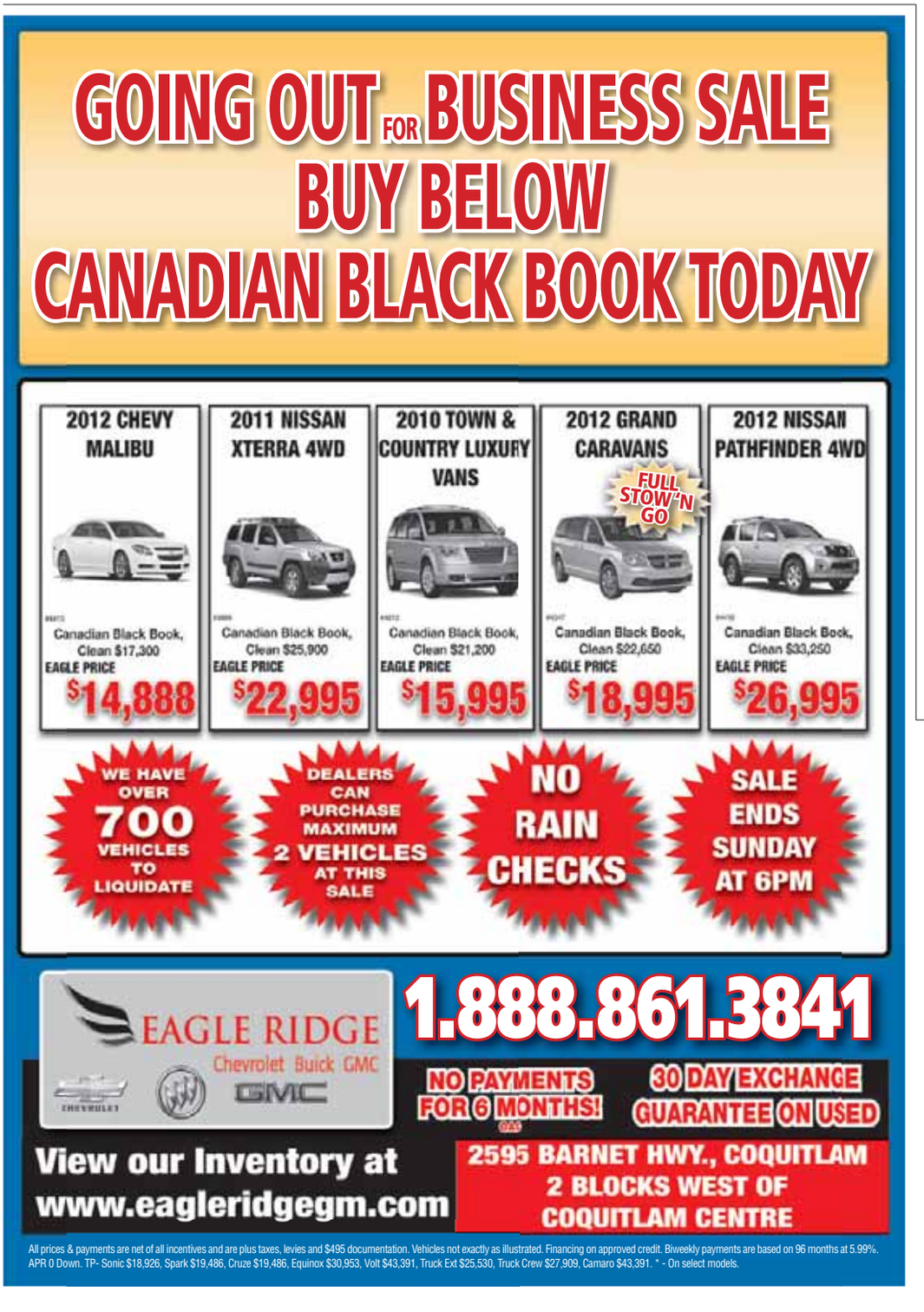


Former U.S. President Bill Clinton, right, greets Bruce Springsteen on stage during the Get Out The Vote Event With Bill Clinton And Bruce Springsteen at Tri-C Western Campus Field House on Oct. 18 in Parma, Ohio. DUANE PROKOP/GETTY IMAGES

That "really rough ride" could be why only a few musicians have hit the stage for their candidate this time around. Acts such as James Tay-lor, The Walkmen, The National and Jim James of My Morning Jacket have played election events for Obama, while Kid Rock played a set before a Romney rally in Colorado earlier this week. But the message of hope that characterized Obama's 2008 bid for the Oval Office enchanted far more musicians into lending a hand.

Earlier this week, a number of politically active women, including musicians Zoe Kravitz, Carrie Brownstein and Sia, posted a webcam montage of themselves lip-synching to Les-ley Gore's 1964 hit, You Don't Own Me, as text flashes across the screen with this message: "Mitt Romney and the Republi-can Party plan to overturn Roe v. Wade, immediately defund Planned Parenthood, shut down the nation's family planning program and repeal the affordable care act. Let's send them a clear message on Nov. 6." At the end of the video, Gore says to the camera, "I recorded 'You Don't Own Me' in 1964, and it's hard for me to believe, but we're still fighting for the same things we were then."

Interestingly, the political message is more strongly "don't vote for Romney" than it is "do vote for Obama."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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Christina Aguilera. ALL PHOTOS GETTY IMAGES

Christina Aguilera throws Simon Cowell under the bus

Christina Aguilera doesn't mince words when it comes to her feelings about X Factor host Simon Cowell.

As she tells the Hollywood Reporter, Aguilera used Cowell's earlier gig as a judge on American Idol as an example of how not to behave when it came to her own judging duties on The Voice, her reality singing competition show.

"I saw the commercials early on of American Idol of Simon," Aguilera remembers. "I was like, 'Man, that's not what it's about.' I didn't want to treat people like that. I wanted to do The Voice to show that we can be positive. We don't have to knock people down."

Emma Roberts

Pretty Woman finds a sequel

While Emma Roberts has done her best to dodge comparisons between herself and famous aunt Julia Roberts, she chose this year's Halloween costume as the best time to highlight the connection.

Emma stepped out over the weekend done up as Julia's famous character from Pretty Woman, complete with blonde wig, miniskirt and midriff-bearing tank-top, according to Us Weekly.

She hit up a Halloween party in the get-up on the arm of her boyfriend, American Horror Story star Evan Peters, who was dressed as a cowboy.

The Word

Timberlake apologizes for video that appeared at wedding

Justin Timberlake has finally spoken out about the infamous video of L.A. homeless people wishing him and bride Jessica Biel well, played at his wedding.

"I think we can all agree that it was distasteful, even though that was not its intention. I want to be very clear … I am not defending the video," Timberlake writes on his website.

"I had no knowledge of its existence. I had absolutely zero contribution to it."

While not taking responsibility for the video — made by a friend as a gag wedding gift — Timberlake is still offering an apology.

"I want to say that I am deeply sorry to anyone who was offended by the video," he writes. "My friends are good people. This was clearly a lapse in judgment, which I'm sure no one who is reading this is exempt from."

Quoted

"I had no knowledge of its existence. I had absolutely zero contribution to it."

Justin Timberlake
Talking about a scandalous video that appeared at his wedding

Joe Simpson

Male model claims to be dating Joe Simpson

A 21-year-old aspiring model named Bryce Chandler Hill has reportedly been making the rounds in West Hollywood bragging that he's been carrying on an affair with Joe Simpson, the recently divorced dad of singers Jessica and Ashlee Simpson, according to Radar Online.

"Joe Simpson being outed by the National Enquirer was no surprise to the gay community in Hollywood. Bryce has been bragging about hooking up with Joe for a while now," a source tells the website. "Bryce claims he's been dating Joe for roughly a year and absolutely loves to boast about it because he loves being the centre of attention. He's also been quick to tell anyone that will listen that he's using Joe to climb the showbiz ladder."

Twitter

@SethMacFarlane
Thanks for all the birthday wishes! I'll have one drink for each tweet.

@jessicaalba
I just discovered the coziest pajamas ever

@mindykaling
My halloween costume is really good I think. I'm worried if I tell others they will copy it. AHHH WHAT DO I DO I DONT WANT COPYCATS

@jimmykimmel
I went through all the songs on the new @taylorswift13 album — good news, none of them are about me.

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Book excerpt

The great snack debate

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

In the 21st Century, the "snack" shelves in every grocery store across North America and Europe are taking up exponentially more real estate. And in response, the occasions on which it is deemed necessary or desirable to have a snack has grown exponentially as well. For instance, it is no longer acceptable to turn up at the following events without a snack for your children:

1) The neighbourhood park. Even if the park is two minutes away and, judging by previous visits, your visit will last for a grand total of six minutes. In fact, I now believe that the whole purpose of going to the park is to eat a snack outdoors.

2) Any child's sporting event. Soccer, baseball, hockey — all must include not only a snack, but a "snack schedule." I did an informal Twitter poll and found out that 99 per cent of moms don't support the idea of the structured snack, yet somehow that one per cent who do turn up at every single sports teams orientation meeting, spreadsheet in hand. I am now starting an informal "Stop the Snack Madness" campaign for my children's sports. The kids are not speaking to me, but it's worth the price.

EXCERPTED FROM KATHY BUCKWORTH'S SHUT UP AND EAT! TALES OF CHICKEN, CHILDREN AND CHARDONNAY, PUBLISHED BY KEY PORTER BOOKS, 2010. AVAILABLE AT CHAPTERS/INDIGO OR AT KOBO.
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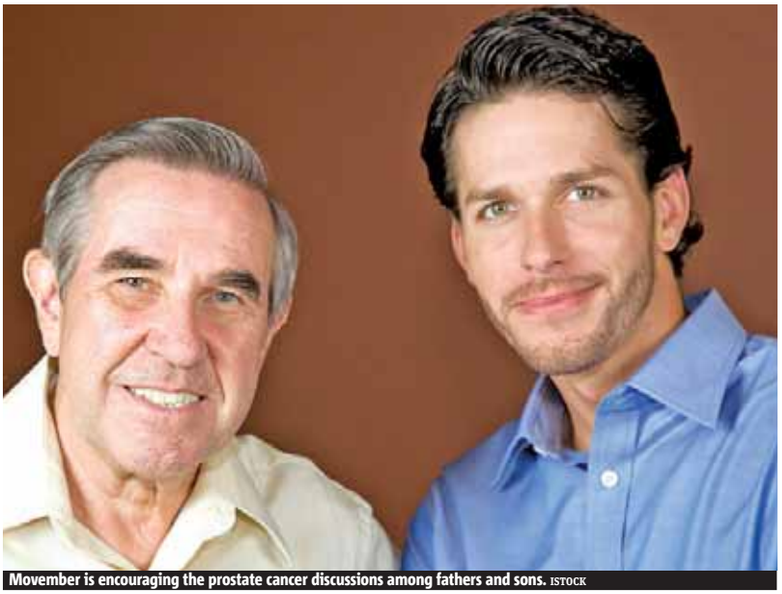
Now's the time to talk prostate

Movember. It's almost time for mustache-growing month, a movement in support for prostate cancer

MIKE DOJC
life@metrones.ca



Movember is encouraging the prostate cancer discussions among fathers and sons. ISTOCK

When fathers and sons bond over a cold drink and have "the talk," the talk is usually the awkward but necessary conversation about sex. While the scope of health wisdom dads dole out to their male offspring may also extend to the virtues of hand washing, regular exercise and sunscreen application, it is double-eagle rare that the just-for-men cancer will come up. But thanks to Movember, this is changing fast.

"Men typically don't talk about below-the-belt issues," says Rebecca von Goetz, executive vice-president of Prostate Cancer Canada. "However, it is becoming much more common place to have discussions about prostate cancer and to ensure that at one's annual physical, a discussion about the risks of this disease are addressed."

According to the latest Canadian Cancer Society statistics, 26,500 new cases of prostate cancer will be diagnosed in 2012. That makes prostate cancer the leading incident cancer ahead of lung, colorectal and breast cancer. And with 4,000 deaths a year nationally, it's the third leading cause of cancer mortality among men.

Still, talking isn't always easy. "Having a discussion about prostate cancer can be a psychological minefield," explains Dr. Daniela Friedman, a University of Waterloo graduate, now an associate professor specializing in cancer communication at the University of South Carolina's Arnold School of Public Health.

In her work on family communication and prostate cancer, Friedman has found that the recent controversy surrounding screening using the prostate specific antigen (PSA) test has complicated the prostate cancer conversation. False positives are frequent and the PSA can also detect cancers that are too slow growing to be a threat in the patient's lifetime.

Over-diagnosing these slow growing cancers can lead to bleeding and infection from biopsies and may cause erectile dysfunction and incontinence. "This is a disease people associate with impotence and losing one's (manhood,)" says Friedman. "I find that many men are embarrassed ... especially when it comes to the digital rectal exam."

In her 2012 paper, It Takes Two to Talk about Prostate Cancer, published in the American Journal of Men's Health, Friedman examines the heightened embarrassment men feel when talking about prostate cancer.

One of the men in her research study commented that male pride gets in the way, surmising that this is why Michael Jackson probably was always holding onto his reproductive area during performances.

Movember is all about making guys more comfortable opening up about the walnut sized gland located just beneath the bladder. "[The event] encourages men to band together — fathers and sons included — and the likelihood of a prostate cancer conversation is heightened as they share their efforts in growing their moustaches to raise awareness and funds for men's health," adds von Goetz.

Carry your baby, help a mother

DOROTHY ROBINSON
Metro World News in New York City

Carrying your baby is always in fashion.

But now Christy Turlington Burns, the American model best known for representing Calvin Klein from 1987 to 2007, is aiming to make it more fashionable.

Her charity, Every Mother Counts (EMC), which helps raise awareness about maternal mortality, has teamed up with Ergo baby carriers to create a line of products that benefit EMC.

"We wanted to bring in a (unique) design aspect to this collaboration, so we chose fabric from a local designer in West Africa," says Turlington Burns about the collection, which features two different carriers: a diaper bag and a waist-pack.

The designer, Chantal, is from Togo in West Africa. She uses textile design to support her children.

"This print and the story of Chantal add to the ultimate goal of this partnership, which is to bring women together in support of one another."

Maternal mortality

Ergobaby's Guest Designer Series facilitates awareness and support of Every Mother Counts: "People are unaware of the statistics about maternal and child health, or they assume that these problems are only in other countries and cannot affect them," says Turlington Burns. "Many reduce the issues to political discourse and use it to divide people when this is one thing that should really unite us all. If we want our children to thrive, we must address the health of our mothers — preferably before they become moms."

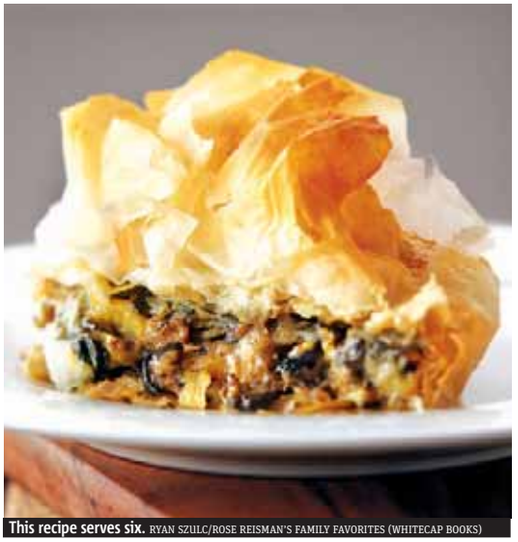
- **290,000** girls and women die during pregnancy and child-birth related causes each year.
- **90 per cent** of these deaths are preventable.

Turlington Burns' series is available at ergobaby.com. HANDOUT

Take a bite out of the ultimate comfort food with phyllo pie

ROSE REISMAN
for more, visit
rosereisman.com

This mushroom, spinach and goat cheese phyllo pie is similar to Spanikopita but is made in a pie pan. It's a wonderful main course and works equally well as a side dish. Serve it with a mesclun salad.



This recipe serves six. RYAN SZULC/ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Ingredients

- 2 tsp vegetable oil
- 1 cup finely chopped onion
- 2 tsp finely chopped garlic
- 3 cups sliced mushrooms
- 1/2 package frozen spinach, thawed, drained, chopped and squeezed dry (about 5 oz)
- 1/2 tsp dried basil
- 1/4 tsp each salt and pepper
- 1/2 cup each crumbled goat cheese and shredded low-fat mozzarella cheese
- 1/3 cup each chopped fresh dill, green onions and black olives
- 2 tbsp seasoned dry bread crumbs
- 1 egg
- 6 sheets phyllo pastry

1. Preheat the oven to 350 F. Lightly coat a 9-inch pie pan with cooking spray

2. To make the filling, lightly coat a nonstick skillet with cooking spray. Add the oil and set over medium heat. Add the onion and sauté for 5 minutes or just until the onion begins to brown. Add the garlic and mushrooms and sauté for 6 minutes or until mushrooms are no longer wet. Stir in the spinach, basil and salt and pepper. Cook for 3 minutes. Remove from the heat.

3. Stir in the goat cheese and mozzarella and the dill, green onions, olives, breadcrumbs and egg. Stir until all the ingredients are well combined.

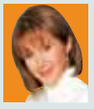
4. Layer 2 sheets of phyllo in the prepared pie pan, keeping the remaining phyllo sheets covered with a damp tea towel to prevent them from drying out. Leave the edges of the phyllo sheets hanging over the edge of the pan. Lightly coat with vegetable oil. Layer the remaining sheets on top, spraying every other sheet. Carefully spoon the filling into the pie pan. Fold the phyllo sheets overtop to enclose and lightly coat with cooking spray.

5. Bake in the preheated oven for 25 minutes or until the phyllo is golden and the filling is completely heated through.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Healthy eating

Choose it and lose it



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It's Halloween in a few days, so chances are you'll be nibbling on candy from the kids' goodie bags. Be careful what handful you grab.

M&M's Peanuts (84 g)

440 calories/ 22 g fat
Chocolate and peanuts are always a delicious but deadly combination for your weight. Stopping yourself from eating more than one handful is a real challenge.

Equivalent

An 84 gram serving of peanut M&M's is equal in fat to four vanilla ice cream cones from McDonald's.

York Bites — Peppermint Chocolate (84 g)

300 calories/ 5 g fat
This mint-and-chocolate combo contains much less calories and fat than the M&M's.

Noggin for the login: Scientists detecting game-suited brains

Jedi of the joypad?

Monitoring mental activity during game time can shed light on more than whether you can beat the bad guys

KIERON MONKS
life@metronews.ca

If you always lose at FIFA 2012, science has an excuse for you: Some brains are made for video game success and some are not.

Using subjects who did not play games regularly, researchers at the University of Illinois were able to predict who would excel at Space Fortress, a video game specially designed for studying cognitive research.

Using electric imaging, researchers assessed the strength of subjects' alpha brain waves, (associated with relaxation) and found these had accurately reflected improvements.

"By measuring your brain waves the very first time you play the game, we can predict how fast you'll learn over the next month," said postdoctoral researcher Kyle Mathewson.

The game was seen as a test of subjects' ability to perform complex tasks in general as part of a wider probe into brain structure. Successful players performed well in decision-making, attention and self-control, suggesting that alpha waves could be key to learning development.

"Ongoing studies show we can be trained to enhance alpha activity — and that this can have a positive effect on conditions such as attention deficit disorder (ADD)," Dr. Ole Jensen of Holland-based Donders Institute for Brain, Cognition and Behaviour told Metro.

"Alpha waves shut down irrelevant brain regions to stop distractions."

Just can't seem to leave that one level behind? It may be all in your head. ISTOCK

Can you keep up?

"By measuring your brain waves the very first time you play the game, we can predict how fast you'll learn over the next month."

Kyle Mathewson, postdoctoral researcher

Still in the works

- Neurofeedback is a rapidly developing industry with clinics charging high fees to alter people's brain-waves. Jensen believes this is premature:
- "We don't yet know how strong an effect we can have, so it is a little misleading to sell the service."

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What does 'it all' mean? Today's women have a different definition

It's just a job.
Study shows women rank happiness over hierarchy when envisioning job success

JULIA WEST
life@metronews.ca

The idea of "having it all" varies from person to person, of course. However, a new study on women in the workplace by LinkedIn and Citi found that "only 17 per cent of women [surveyed] stated that reaching the height of success in their field was a factor in their assessment of 'having it all.' For the majority, success was defined by a job that they enjoy."

For many of the women surveyed, marriage and children weren't tied up in the definition of "all": 36 per cent of respondents weren't concerned about marriage and 27 per cent didn't cite children.

A little later for little ones

"Millennial women are putting off having children until they are nearly 30."
Amy Lynch
Consultant at BridgeWorks

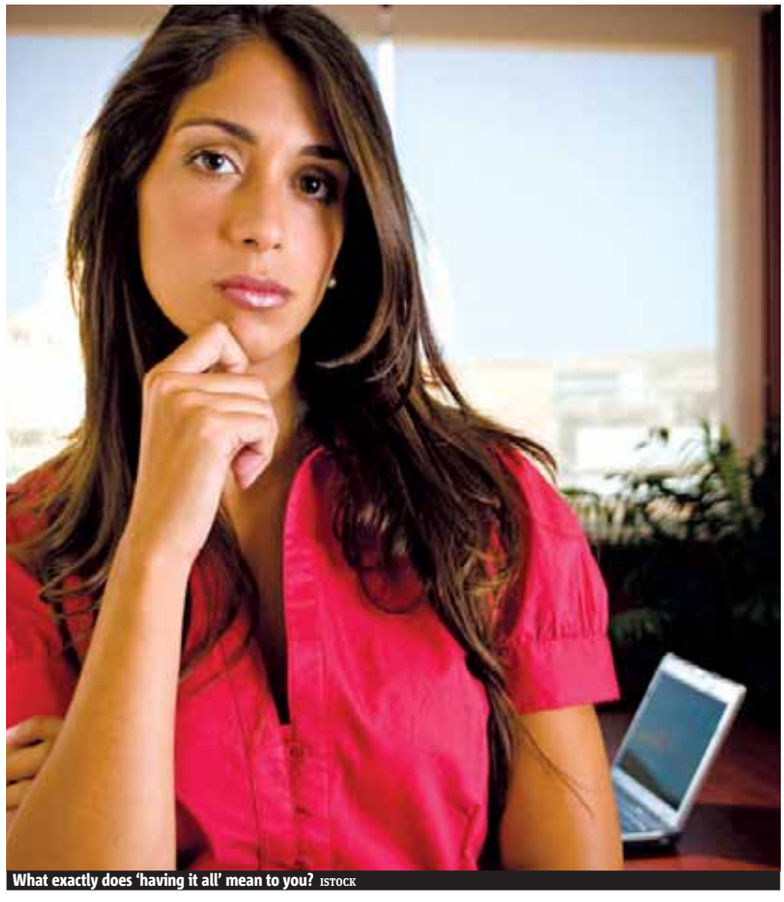
"Millennial women are putting off having children until they are nearly 30," explains Amy Lynch, a consultant who works with BridgeWorks, an organization that helps businesses connect with different generations of employees and customers. "They seek work-life integration. Millennials don't see hard divides between work time and family time."

Ultimately, no matter what having it all means, most of us are counting on it at some point: Only four per cent of women who participated in the survey felt that having it all was unattainable. Julia Hartz, co-founder and president of Eventbrite, agrees to some extent. "What I've found," says Hartz, "is while I think you can have it all, you can't have it all at the same time."

Gender equality

Although the survey focused on women, assuming that the definition of success varies between genders is dangerous.

- "It should mean the same thing as 'having it all' for a professional man," says Susan Lucas-Conwell, CEO of HR consulting firm Great Place to Work. "Being a woman should not make one stitch of difference in terms of the opportunities presented to me in the workplace."



What exactly does 'having it all' mean to you? ISTOCK

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Christine Josic PROVIDED

The In-Credibility Factor

Name: Christine Josic
City: Toronto
Age: 34
Occupation: Federal crown prosecutor

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

From a young age, Christine had always loved working with children, and went to university to become a teacher. After taking a criminal law course she found the courage to change her focus and began studying to be a lawyer.

She obtained her BA in criminology and criminal justice from Carleton University, her Canadian law degree from the University of Ottawa and her American law degree from Michigan State University, ultimately landing an articling position at the Crown law office, criminal division in Toronto.

Today she is a Federal Crown prosecutor in Toronto, but has also kept her dream of teaching alive by being a course instructor at the University of Guelph.

Double the dream

"I teach advanced law and politics at the University of Guelph as well as being a crown prosecutor, which is a definite challenge, but I love it because I'm bridging both of my passions at this point in my career."
Christine Josic

I knew I was on my way when... I was offered a job as a prosecutor right out of the interview.

My first day was very overwhelming and exciting because I was parachuted into the busiest criminal courthouse in the country. I enjoy helping people and using my voice to advocate for the public interest.

Right now I teach advanced law and politics at the University of Guelph as well as being a crown prosecutor, which is a definite challenge, but I love it because I'm bridging both of my passions at this point in my career.

Action Plan

• Prepare yourself for opportunity: My family is very hardworking and always valued education. They gave me everything they had, but I had to bridge the gap, so I worked, sometimes up to three jobs, while going to law school. Don't limit yourself. Create your own opportunities.

• Choose your own path: Be selective where you spend your time and efforts. Use your skills and focus on moving forward and progressing. Don't become stagnant in your career.

• Nurture your relationships: I didn't get here on my own.

I had help from my family, defense lawyers, Crowns, judges and colleagues.

I am constantly learning from those around me and I've been surrounded by a lot of strong women in my career who have given me poignant advice at critical points.

I truly value those relationships and they have been a major contributor for where I am now and where I'm going in the future.

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‘No ill effects’ for Lions’ Iannuzzi

CFL. B.C. receiver was sidelined with a concussion after taking helmet-to-helmet hit

CAM TUCKER
cam.tucker@metronews.ca

Marco Iannuzzi is hoping to return to the B.C. Lions lineup Saturday against the Saskatchewan Roughriders, just over three weeks after taking a vicious helmet-to-helmet hit and suffering a concussion.

Iannuzzi sustained the injury against the Hamilton Tiger-Cats on Oct. 12, when defensive back Dee Webb launched himself into Iannuzzi’s head and back, just as the Lions receiver was falling to try to catch a pass from Travis Lulay.

“I feel great. The past three days I’ve exerted myself more and more each day and I feel no ill effects,” Iannuzzi said on Sunday.

“(The exertion) just ramps up from anything from physical exercise to something as mental as reading a book or watching a movie.

“Physically you just literally start with jogs and just start your heart rate at 120 beats for 10 minutes, and the next day you just go up 10 beats and you just keep doing that until you get to about 160, 170.”

Webb was given a 15-yard unnecessary-roughness penalty on the play and fined an undisclosed amount by the CFL.

Iannuzzi chose not to comment on the hit, but he did speak to the league’s disciplinary actions.

“Generally speaking, I don’t think that a monetary fine means anything,” he said.

“I would rather see no fines at all and it just be games ... for a message to go across.

B.C. Lions wide receiver Marco Iannuzzi grabs a pass for a touchdown against the Saskatchewan Roughriders Sept. 29 in Regina. Iannuzzi hopes to return to B.C.’s lineup on Saturday. LIAM RICHARDS/THE CANADIAN PRESS FILE

“But that being said, I haven’t looked at every hit and I can’t decide ... what hit deserves what.”

With first place in the West Division locked up, the Lions conclude the regular season against the Roughriders at BC Place.

Injuries have become the main topic of team discussion in the last few weeks, particularly with first-string quarterback Lulay nursing a shoulder injury and Arland Bruce also looking to return from a concussion.

“I think the thing is (Bruce’s) trepidation is contact, which it is for everybody; how he reacts to contact,” said head coach Mike Benevides.

“And it goes for any injury. That one’s no different than the other ones. If a guy has a broken arm or a knee ... there’s always that first question mark about the first contact and the first hit.”

Weekend game

Lions humbled in Calgary

B.C. Lions receiver Akeem Foster didn’t mince words when asked about the team’s dreadful start in a 41-21 loss to the Calgary Stampeders Friday.

The Lions fell behind the Stamps 24-0 after the first quarter, and they were down 34-0 when they tried to mount a comeback late in the opening half.

“We just came out a little flat and we basically got our asses kicked,” said Foster on Sunday.

“I know this might sound a little weird, but sometimes you need that. Sometimes you need that ass kicking to humble yourselves and to get back to the drawing board, to get back to what really matters, and that’s working hard and executing.

“One big positive is how we reacted. It’s easy when you get down like that to just fold up the chair, but ... we responded with a couple of scoring drives.

“It was too little, too late, but it was a good showing of the character that we have.”

B.C. Lions head coach Mike Benevides said he didn’t sense any complacency among his players prior to the game.

CAM TUCKER/METRO

NCAA

Record day for SFU Clan football

Saturday proved historic on two counts for the Simon Fraser University Clan football team.

Sophomore quarterback Trey Wheeler set a new Great Northwest Athletic Conference single-game record by throwing six touchdown passes, and the Clan earned its first-ever road win as a member of the NCAA Division II conference.

Wheeler also threw for 482 yards, as the Clan outlasted the Dixie State College Red Storm 58-47 in St. George, Utah.

B.C. Lions backup quarterback Mike Reilly, along with eight other players, held the previous GNAC record of five touchdown passes in one game.

Reilly achieved that feat three times with Central Washington.

Coquitlam’s Lemar Durant recorded 228 yards receiving and four touchdowns for SFU. METRO

AHL

Bulldogs beat the Heat

The Abbotsford Heat gave up their first power-play goal of the season and lost for the first time in regulation Sunday.

The Heat fell to the Hamilton Bulldogs 2-1, ending a three-games-in-three-days road trip with a 1-1-0-1 record. The Heat are now 4-1-0-2 early on in the 2012-13 American Hockey League regular season.

Bulldogs forward Aaron Palushaj scored what would be the winning goal on the power play just past the halfway point of the second period.

Palushaj’s goal marked the first time this season that the Heat allowed a power-play marker. Abbotsford had been 25-for-25 on the penalty kill heading into Sunday. METRO

WHL. Kale Kessy gives courage to Vancouver Giants teammates

Vancouver Giants forward Kale Kessy, left, has a post-whistle chat with Victoria Royals defenceman Brett Cote during the first period of Friday’s Western Hockey League game at the Pacific Coliseum. CAM TUCKER/METRO

It had been a long time coming — fourteen days, to be exact — when Kale Kessy finally stepped on the ice for his Vancouver Giants debut.

The Giants acquired the 20-year-old forward from the Medicine Hat Tigers on Oct. 12, but couldn’t put him in the lineup because he was serving a 12-game suspension for a checking-to-the-head penalty he took against the Lethbridge Hurricanes on Sept. 22.

A veteran of 198 Western Hockey League regular-season games, Kessy was part of the Giants’ impressive 4-1 victory over the Victoria Royals at the Pacific Coliseum Friday.

He had a relatively tame night — no points and a roughing minor in the second period, when the game took a particularly nasty turn.

But his teammates noticed something whenever Kessy, with his 424 career penalty minutes, took a shift.

“Guys around the league are scared of him,” said Giants forward Dalton Sward.

“He knows it. He likes to play like that. Guys weren’t getting in his face very much and it’s good for the boys. They play with the puck a lot more and he creates ice for them.”

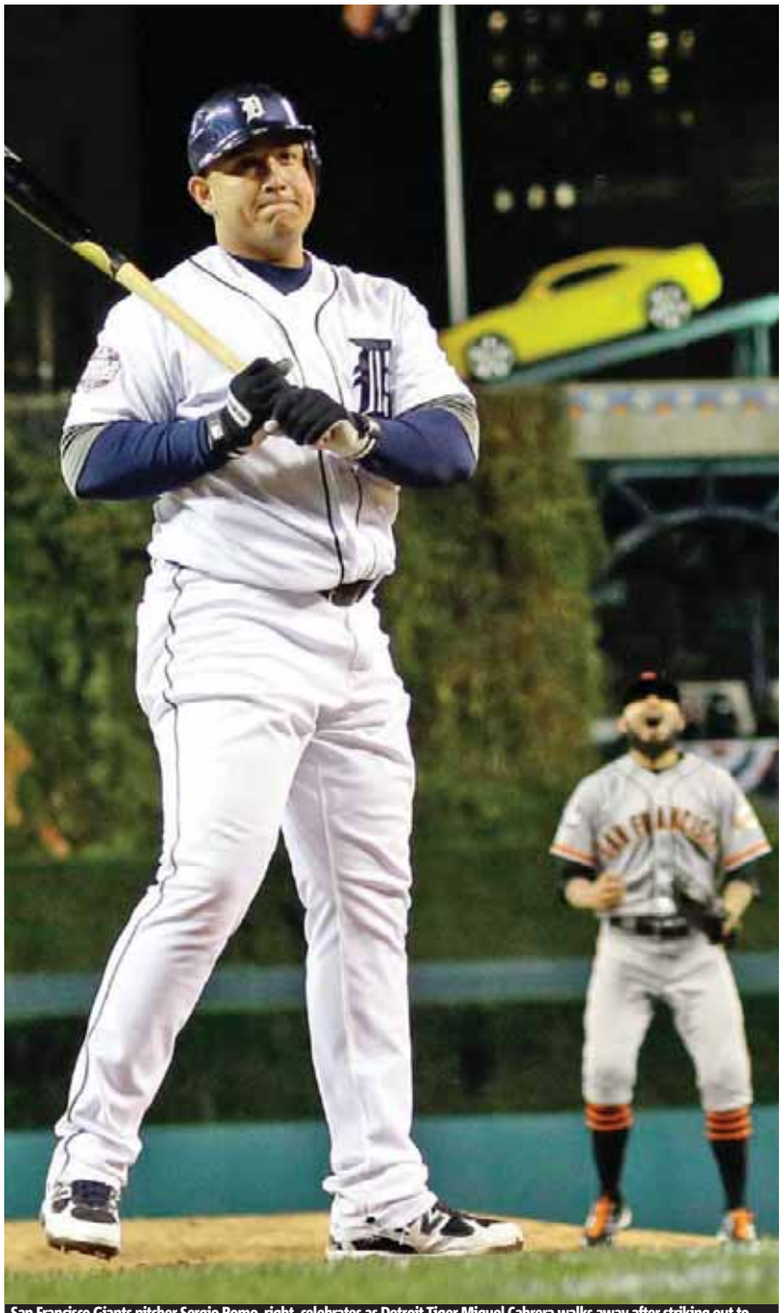
The Giants, with Kessy back in the lineup, began a five-game road trip Sunday in Edmonton with a 5-1 loss to the Oil Kings.

Marek Tvrdon, who recorded the hat trick Friday, scored the lone Giants goal against the Oil Kings.

Tvrdon now has points in eight consecutive games with five goals and seven assists.

The Giants are in Lethbridge Tuesday to play the Hurricanes.

CAM TUCKER/METRO



San Francisco Giants pitcher Sergio Romo, right, celebrates as Detroit Tiger Miguel Cabrera walks away after striking out to end Game 4 of the World Series on Sunday in Detroit. The Giants won 4-3 to clinch the series. MATT SLOCUM/THE ASSOCIATED PRESS

Sweep dreams: Giants deliver knockout blow

World Series. Giants won seven straight games on way to seventh Series title

Finally pressed in the World Series, the San Francisco Giants finished off a most unexpected and stunning sweep.

Marco Scutaro delivered one more key hit this October, hitting a go-ahead single with two outs in the 10th inning that lifted the Giants over the Detroit Tigers 4-3 in Game 4 on Sunday night.

Nearly eliminated over and over earlier in the playoffs, the Giants sealed their second title in three seasons when Triple Crown winner Miguel Cabrera looked at Strike 3 right down the middle for the final out.

On a night of biting cold, stiff breezes and some rain, the Giants combined the most important elements of championship baseball — great pitching, timely hitting and sharp defence.

Game 4

Giants	Tigers
4	3

Series MVP Pablo Sandoval and the underdog Giants celebrated in the centre of the diamond at Comerica Park after winning six elimination games this post-season.

Cabrera delivered the first big hit for Detroit, interrupting San Francisco's run of dominant pitching with a two-run homer that blew over the right-field wall in the third.

Buster Posey put the Giants ahead 3-2 with a two-run homer in the sixth and Delmon Young hit a tying home run in the bottom half.

It then became a matchup of bullpens, and the Giants prevailed.

Ryan Theriot led off the 10th with a single against Phil Coke, moved up on Brandon Crawford's sacrifice and scored on Scutaro's shallow single. Centre fielder Austin Jackson made a throw home, to no avail.

Sergio Romo struck out the side in the bottom of the 10th for his third save of the Series.

The Giants finished the month with seven straight wins and their seventh Series championship. They handed the Tigers their seventh straight World Series loss dating to 2006.

An NL team won the title for the third straight season, a run that hadn't occurred in 30 years. Some find the streak surprising, considering the AL's recent dominance in inter-league play. Yet as every fan knows, the club that pitches best in the post-season usually prevails.

Until the end, the Tigers thought one big hit could shift the momentum. It was an all-too-familiar October lament — Texas felt the same way when the Giants throttled them in 2010, and Tigers knew the feeling when St. Louis wiped them out in 2006.

The Tigers' flop finished off a season in which Cabrera became baseball's first Triple Crown winner since 1967. Detroit overtook the White Sox in the final week to win the AL Central and wound up at 88-74, the AL's seventh-best record. THE ASSOCIATED PRESS

MVP winner

- Pablo Sandoval not only has baseball's neatest nickname, but Kung Fu Panda has a World Series MVP award to go along with it.
- Sandoval took home the trophy following the San Francisco Giants' sweep of Detroit, hitting .500 with three home runs, a double and four RBIs in 16 Series at-bats.
- Sandoval got the Giants off to a powerful start by hitting three homers in the opener against the Tigers, becoming the fourth player to accomplish the feat in a World Series game.

Japan considers making it tougher to flee to MLB

Shohei Otani pitches at the under-18 Baseball World Championship on Aug. 31 in Seoul, South Korea. GETTY IMAGES FILE

Japanese baseball officials are considering stricter rules for amateur players who bypass the country's professional leagues to play in Major League Baseball.

Concern with the existing rules arose after high school pitcher Shohei Otani decided to pursue a career in the major leagues instead of playing in Japanese professional baseball.

In 2008, Junichi Tazawa left Japan, signing with the Boston Red Sox as the first top amateur to bypass the Japanese draft. Tazawa's move led Japanese baseball to rule that if a player decides to play overseas after being drafted by a Japanese team, he cannot play for a Japanese pro club for up to three years after he returns to Japan.

Japan's professional teams are now looking for tougher rules.

"If there is a better system for the teams and for the players, we should consider it," Hiroshima Carp general manager Kiyoaki Suzuki said.

Otani, an 18-year-old who has thrown a 100 mph fastball, was selected in the first round of Japan's amateur draft by the Nippon Ham Fighters. THE ASSOCIATED PRESS

Golf

Woods, McIlroy set for China duel

Tiger Woods is expected to get a $2 million US appearance fee and Rory McIlroy $1 million for their one-day exhibition match Monday in Zhengzhou, China.

The top-ranked McIlroy and Woods, a 14-time major winner, will play their first head-to-head match in an event without other competitors at Lake Jinsha International Golf Club.

The 18-hole medal-match has been dubbed the "Duel at Lake Jinsha." THE ASSOCIATED PRESS

CFL. Als lock up 1st in East with win over Esks

Week 18

Alouettes	Eskimos
27	25

Anthony Calvillo threw touchdown passes to Bo Bowling and Ryan Bomben as the Montreal Alouettes held on to down Edmonton 27-25 on Sunday afternoon, preventing the Eskimos from clinching a playoff berth.

Adrian McPherson ran in a TD and Sean Whyte had a field goal and a single for Montreal (11-6), which has secured first place in the East Division.

Fred Stamps, with two, and Shamawd Chambers scored fourth-quarter touchdowns for Edmonton (7-10).

Trailing 20-4 to start the fourth quarter, back-up quarterback Matt Nichols took over from Kerry Joseph and immediately threw a 95-yard touchdown pass to Stamps to raise hopes for an Edmonton comeback. But on the next possession, Nichols was picked off by Dwight Anderson. Five plays later, Calvillo hit Bomben with a five-yard TD toss. THE CANADIAN PRESS

Manning picks apart Saints defence with bum thumb

Denver Broncos running back Willis McGahee runs through a hole against the New Orleans Saints on Sunday in Denver, Colo. JUSTIN EDMONDS/GETTY IMAGES

NFL. Broncos QB tosses for more than 300 yards for the fifth straight contest

A dinged-up right thumb wasn't enough to throw Peyton Manning off his game, and to no one's surprise, neither was the New Orleans Saints defence.

Despite banging his throwing thumb on an opponent's helmet in the second quarter Sunday night, Manning passed for 305 yards and three scores, led a pair of 90-plus-yard touchdown drives and easily outplayed Drew Brees to lead the Denver Broncos to a 34-14 victory over the Saints.

Manning surpassed the 300-yard mark for the fifth straight time to match his personal best and set a franchise record for Denver (4-3). He completed 22 of 30 throws for a passer rating of 138.9. Willis McGahee ran for 122 yards and a score for the Broncos, who won two in a row for the first time this season and took sole possession of first place in the AFC West.

The Broncos gained 530 yards — a season high — against the NFL's worst defence, which came in allowing more yards (2,793) over the first six games of a season than any team since 1950.

New Orleans (2-5) was hoping to get a boost from the return of linebacker-turned-interim head coach Joe Vitt from his six-game suspension for the team's bounty scandal. All he can do is stand on the sidelines, though, and linebacker Jonathan Vilma — another Saint implicated in the scandal — returned to the starting lineup, but he couldn't plug the holes, either.

The Broncos defence, meanwhile, held Brees and the league's top passing offence to 213 yards and two scores, the second marking the first points Denver has allowed in the fourth quarter since opening week. Brees threw for both scores to extend his record to 50 straight games with at least one touchdown pass. He also reached 301 career touchdown passes to climb past John Elway for sixth on the career list.

THE ASSOCIATED PRESS

Week 8

Broncos	Saints
34	14

Rest of men's figure-skating field may be creeping up on Chan

Barely a year out from the 2014 Sochi Olympics, the rest of the world may be catching up to Patrick Chan.

The two-time world champion was handily beaten by Spain's Javier Fernandez at Skate Canada International on Saturday night, marking Chan's first loss in a major international event in nearly two years.

The 21-year-old from Toronto is known for shaky starts to the season, and is still adapting to the major overhaul he made in the off-season that included a new lead coach in Kathy Johnson and new choreographers.

But Brian Orser — Canada's two-time Olympic silver medallist and Fernandez's coach — warns that Chan is looking more vulnerable than ever.

"All these guys, not just Javier, they are all figuring out what it is they need to beat him," Orser said. "And it's not just the quads but it's the skating skills, it's the program and the packaging — everything. Everyone is kind of getting it.

"When you're a leader in something, when Elvis (Stojko) was doing all the quads, he was kind of unbeatable for a while. But then, it was like, OK, I guess we have to do quads. Now everybody is learning how to skate."

Canada captured a total of four medals — two gold and two silver. Kaetlyn Osmond, a 16-year-old from Marystown, N.L., who was making her Grand Prix debut, was the surprise women's winner. Olympic and world champions Tessa Virtue and Scott Moir captured gold in ice dance, and Meagan Duhamel and Eric Radford won the pairs silver.

THE CANADIAN PRESS

Dynamic duo

If Chan is looking vulnerable, Virtue and Moir are looking stronger than ever. The two brought the crowd at the WFCU Centre to its feet with their steamy free dance to Carmen, that showed a new maturity to the duo who have dominated ice dancing for several years.

- Virtue and Moir will next compete at the Cup of Russia.

Patrick Chan performs his free program to win the silver medal in the men's competition at Skate Canada International in Windsor, Ont., on Saturday. PAUL CHIASSON/THE CANADIAN PRESS

Premier League

Man U edges closer to Chelsea

Manchester United ended leader Chelsea's unbeaten start to the Premier League season and moved a point behind its opponent after benefitting from key refereeing decisions to win 3-2 on Sunday.

THE ASSOCIATED PRESS

Ramires of Chelsea, left, challenges Patrice Evra of Manchester United on Sunday in London. SHAUN BOTTERILL/GETTY IMAGES

Speedskating

3 golds for Canada on short track

Jessica Gregg, Guillaume Bastille and Valerie Maltais were all golden Sunday and the rest of the Canadian short-track speedskating team showed that the Maurice Richard Arena is clearly their home ice.

Gregg and Bastille both won gold medals as Canadians swept the second set of women's and men's 500-metre events in this weekend's World Cup stop in Montreal.

Maltais, from La Baie, Que., won Canada's third gold medal of the day in the women's 1,000-metre final.

THE CANADIAN PRESS

Formula One

Vettel wins fourth straight race

Red Bull driver Sebastian Vettel won the Indian Grand Prix on Sunday to extend his Formula One championship lead, though rival Fernando Alonso of Ferrari kept up the pressure with a second-place finish.

THE ASSOCIATED PRESS

Sebastian Vettel celebrates winning the Indian Formula One Grand Prix on Sunday in Noida, India. CLIVE MASON/GETTY IMAGES

Horoscopes

♈ Aries
March 21 - April 20
Give your body a rest. Use your brain to get things done. One way, of course, is to get others to do them for you and the art of persuasion will come easy to you today. You know just what to say.

♉ Taurus
April 21 - May 21
The Sun in your opposite sign of Scorpio means you have to accept the fact that others are in the driving seat at the moment. Why not go along for the ride? Who knows, it could be fun.

♊ Gemini
May 22 - June 21
You need to be honest with yourself about how far you have come and how far you still have to go to reach your goals. Changes have to be made and now is the best time to decide what they should be.

♋ Cancer
June 22 - July 23
There is no way you are going to realize your ambitions without help from other people, and what happens today will bring that fact home to you forcefully. It's time to be more of a team player.

♌ Leo
July 24 - Aug. 23
Your understanding is such that you now accept that recent setbacks were not designed to destroy you but to toughen you up for the challenges ahead. Start making plans – and make sure they are big ones.

♍ Virgo
Aug. 24 - Sept. 23
You may need to be alone with your thoughts, and that's okay, but don't switch off from the world completely because there are things going on you need to be aware of. Put your phone on mute, but keep it turned on.

♎ Libra
Sept. 24 - Oct. 23
Travel and social activities are under good stars today but you are advised not to make any long-term plans – that is, more than seven days ahead – because things will change rapidly next week. For now though, have fun.

♏ Scorpio
Oct. 24 - Nov. 22
You may be feeling on top of the world but something unexpected will bring you down to earth over the next 24 hours. It's no big deal but it is a reminder that change is the only constant in life.

♐ Sagittarius
Nov. 23 - Dec. 21
Mercury, planet of the mind, moves into your sign today, boosting your self-belief and making it easy to get motivated. However, long-term success depends on more than just confidence. Are your plans realistic and reachable?

♑ Capricorn
Dec. 22 - Jan. 20
Stop worrying about what other people might think about you and start using your mind to get ahead in the world. You have everything going for you now and only doubt can keep you separated from success.

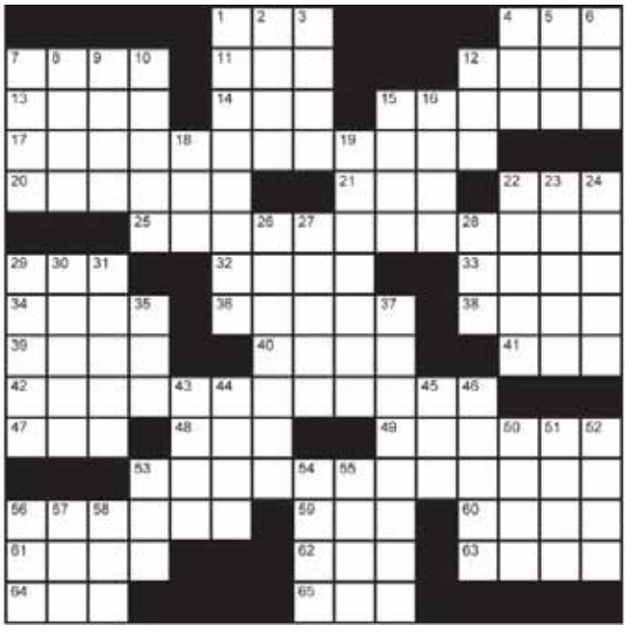
♒ Aquarius
Jan. 21 - Feb. 19
The bigger your dreams the more you will need assistance from people who have made the same or similar journeys before you. What can you learn from their mistakes so you don't have to make your own?

♓ Pisces
Feb. 20 - March 20
People in positions of authority are well disposed toward you at the moment and if you are smart you will make the most of it. Let them know what you can do.

SALLY BROMPTON

March Goes Out and March Comes In

BY MICHAEL WIESENBERG



Across
1. Definite article
4. Cause of chills and fever
7. Reverberation
11. Prairie Province stook makeup
12. Horn honk
13. Guitarist Clapton
14. Ontario-born hockey great Bobby
15. Town squares
17. Body of water bounded to the north by Ontario and Minnesota, and to the south by Wisconsin and Michigan (2 wds.)
20. Blurs by rubbing
21. 7th letter of the Greek alphabet (looks like an H)
22. Small battery
25. Canadian and American honeymooners' destination (2 wds.)
29. Dodge truck
32. Small iPod
33. Expires
34. Locale
36. Become parched, like a desert lakebed (2 wds.)
38. Computer menu selection
39. Invariable reply to the Little Red Hen (2 wds.)
40. Dove's home
41. Tennis match
42. First paradise (3 wds.)
47. Before: poetic
48. Accelerator particle
49. Items to be discussed at a meeting
53. Where actors put costumes on (2 wds.)
56. Harper's group
59. Car salesman's domain
60. A little bit wet
61. Charlemagne, Québec-born singer Celine
62. "Mais, ___!"
63. The Beatles' "___ a Woman"
64. ___ as a fox
65. PC key beside F1

Down
1. ___ Islands: archipelago that straddles the Canada-US border in the Saint Lawrence River
2. Stringed instrument that has been around for at least 6000 years
3. Charlotte Brontë's Jane ___
4. Usually red, tasseled cap that originated in Morocco
5. Meadow
6. ___ and downs
7. Slippery fish
8. Burn the midnight oil studying
9. A walk in the mountains or woods
10. It's east of Newfoundland
12. Tavern
15. Pocket bread
16. Bread unit
18. ___ Lanka: Ceylon today
19. Give new directions to
22. AKA
23. Tylenol rival
24. Something you have of value
26. Boys: Fr.
27. "Don't give me ___ your lip!" (2 wds.)
28. Personals
29. Mountain ___: The Rockies or Cascades
30. Let out ___: bellow like a lion (2 wds.)
31. 39.37 inches
35. Assist
37. Stuffily professorial
43. Ireland, to its natives
44. Negatives
45. Breakfast buffet item
46. Revenge of the ___: 1984 film
50. Biblical ark builder
51. Many a stadium topper
52. Rock bands need these
53. Uproar
54. ___ gin fizz
55. Debt acknowledgements
56. CFL scores: abbr.
57. Petroleum
58. Cowboy actor Rogers

Yesterday's Crossword

What's online

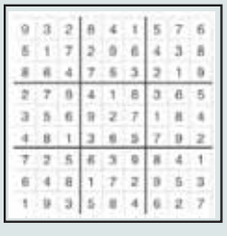
See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

9					1		5	
			8	5			2	
	5		4					6
	9	4		2				
1			7		4			2
				3		1	8	
7					6		4	
	3			8	7			
	6		9					3

Yesterday's Sudoku



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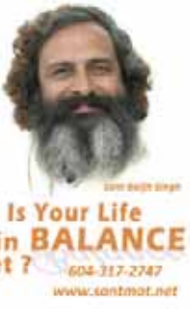

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